

## CURRICULUM VITAE

January 2022

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### I. Office Address

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### II. Education

<b>B.A. Psychology</b> University of Colorado Boulder, Colorado	1991
<b>M.S. Counseling Psychology</b> Colorado State University Fort Collins, Colorado	1995
<b>Clinical Internship,</b> University of Colorado Health Sciences Department of Psychiatry, Denver, Colorado	1997-1998
<b>Ph.D. Counseling Psychology,</b> Colorado State University Fort Collins, Colorado	1998
<b>Postdoctoral Fellowship,</b> Western Interstate Commission for Higher Education & Colorado Mental Health Services Programs for Public Psychiatry University of Colorado Health Sciences Department of Psychiatry, Denver, Colorado	1998-1999

### III. Academic Appointments

#### University of Colorado Anschutz Medical Campus, Department of Psychiatry, Aurora CO

Professor	2016-present
Co-Director, <a href="#">Wellness Leadership Institute</a>	2011-present
Director, <a href="#">Behavioral Health &amp; Wellness Program</a>	2008-present
Associate Professor	2008-2016
Assistant Professor	2003-2008
Instructor	2000-2003
Professional Research Assistant	1999-2000

#### **Adjunct & Affiliate Appointments**

Division of Substance Abuse Dependence Affiliate University of Colorado, Department of Psychiatry, Aurora CO	2011-present
Department of Psychiatry and Behavioral Sciences The Children's Hospital, Aurora CO	2003-2018
Department of Psychology University of Colorado at Boulder CO	2003-2006

### IV. Hospital, Government, or Other Professional Positions

#### **Colorado Governor's Office and Colorado State Departments**

##### ***Colorado Office of the Governor***

Community and Interagency Council on Homelessness	2007-2011
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##### ***Colorado Department of Human Services, Division of Behavioral Health***

Policy Consultant	2000-2011
State Coordinator, Projects for Assistance in Transition from Homelessness (PATH)	2004-2011
State Coordinator, Community-Based Planning New Freedom (Olmstead) Initiative	2001-2011

##### ***Colorado Department of Health Care Policy and Financing***

Program Evaluator, Systems Change Unit, Consumer Directed Attendant Support (CDAS) Program	2003-2006
Consultant, Medicaid and Child Health Plan Plus Wellness Outcomes Development	2010-2011

##### **Other Consultation Appointments**

ColoradoAccess, Manager of Care Management Programs	2004-2006
Territory of Guam, Office of the Governor	2004-2006
Federated States of Micronesia, Substance Abuse & Mental Health Department	2005-2006

### **Clinical Appointments and Positions**

Spark Inspiration, Vice President, Fort Collins, CO	2010-present
Poudre Counseling and Consultation, Fort Collins, CO	2000-2002
Clinical Investigation Center for Mood Disorders and Schizophrenia University of Colorado, Department of Psychiatry	1999-2002
Colorado Coalition for the Homeless, Denver, CO	1999
Boulder Mental Health, Inc., Longmont, CO	1997-1998
Bone Marrow Transplant Unit, University Hospital, Denver, CO	1997-1998
MountainCrest Behavioral Healthcare System, Poudre Valley Hospital Fort Collins, CO	1997
Larimer County Mental Health Center, Fort Collins, CO,	1996-1997
University Counseling Center Colorado State University, Fort Collins, CO	1994-1997
Chestor House for Adult Autism, Boulder, CO	1990-1992

### **V. Honors and Awards**

Presidential Award, Colorado Psychological Association	2014
Community Wellness Partner Award, Behavioral Healthcare Inc., Consumer Recovery Gala	2010
Katherine Reed Cummins Award, Organization for Program Evaluation in Colorado	2008
Presidential Award, Colorado Psychological Association	2007
American Psychological Association Karl F. Heiser Presidential Award for Advocacy	2006
Award for the Development of the Comprehensive Implementation Plan for Community Services and Supports, Guam, Office of the Governor	2005
President's Service Award, Colorado Psychological Association	2005
Innovative Educational Workforce Education Award The Annapolis Workforce Coalition on Behavioral Health Workforce Education	2004
President's Legislative Service Award, Colorado Psychological Association	2004
Travel Award, American Psychological Association	1996
Phi Beta Kappa Award, University of Colorado at Boulder	1991

### **VI. Membership in Professional Organizations**

<b>American Public Health Association</b>	2009-2020
<b>American Psychological Association</b>	1993-present
Division 18- Psychologists in Public Service	1994-2018
Division 31- State, Provincial, and	

Territorial Psychological Association Affairs	1995-2018
Colorado Federal Advocacy Coordinator	2006-2010
Council of Representatives	2009-2013
<b>Association for the Treatment of Tobacco Use and Dependence (ATTUD) &amp; Association for Addiction Professionals</b>	2008-present
Disparate Populations Committee	2009-2018
At Large Board Member	2011-2013
Chair, Interdisciplinary Committee	2011-2013
National Certificate in Tobacco Treatment Practice	2018-present
<b>Colorado Minority Health Forum</b>	2006-2007
<b>Colorado Psychological Association</b>	1998-present
Secretary	1998-1999
Chair, Legislative Committee	2001-2004
President-Elect	2004-2005
President	2005-2006
Past-President	2006-2007
Chair, Nominating Committee	2006-2007
<b>Global Initiative on Psychiatry/USA</b>	2011-2015
Board Member	2011-2015
<b>Motivational Interviewing Network of Trainers (MINT)</b>	2016-present
<b>North American Quitline Consortium</b>	2007-present
Board Member	2011-2018
Chair Nominations Committee	2013-2014
Treasurer	2013-2014
Vice-Chair	2012-2015
Chair-Elect	2015-2016
Chair	2016-2018
Nominations Committee	2019-2020
Advisory Council	2018-present
<b>The Obesity Society</b>	2011-2016
<b>Organization for Program Evaluation in Colorado</b>	1998-2012
Conference Planning Committee	2002-2006
<b>Society for Research on Nicotine and Tobacco</b>	2007-present

## VII. Committees, Coalitions, and Workgroups

### Anschutz Medical Campus

Faculty Resilience Council 2015-2017

### University of Colorado, Department of Psychiatry

Psychiatry Outpatient Service Evaluation Committee 2003  
Psychology Self-Study & Search Committees 2006  
JFK Partners Training Committee 2002-2006  
Residency Evaluation Committee 2005-2008

## **University of Colorado, School of Medicine**

Center for Global Health- Advisory Board Member 2006-2009

## **Colorado State Departments**

### ***Colorado Department of Human Services***

Colorado Mental Health System Evaluation,  
Monitoring Advisory Work Group 2002-2003

Colorado Division of Mental Health, Workgroup  
for Evidence-Based Mental Health Practices 2002-2004

Supportive Housing and Homelessness Program  
Planning Committee for the Benefits Acquisition & Retention 2005

Colorado Mental Health Institute at Fort Logan  
Privacy and Research Committee 2003-2011

Colorado Division of Behavioral Health  
Chair, Evidence-Based Practices Planning Workgroup 2008-2011

Statewide Needs Assessment of Primary Prevention  
for Substance Abuse (SNAPS) Advisory Group 2017-2018

### ***Colorado Department of Health Care Policy and Financing***

Systems Change for Real Choice Grant, Steering Committee 2002-2006

### ***Colorado Department of Public Health and Environment***

State Tobacco Education and Prevention Partnership,  
Tobacco Cessation Sustainability Partnership 2008-2011

Healthcare Worker Resilience and Retention Advisory Group 2021-present

## **Community and National Healthcare**

Colorado Coalition for Mental Health Reform 2001-2005

“Mighty Seven” Behavioral Health Coalition, Colorado 2005-2006

The Colorado Trust: Mental Health Disparities in  
Project Advisory Member 2006

Colorado Health Institute, Health Workforce Advisory Council 2005-2007

Oregon Health and Science University,  
Center for Health and Healing, Expert Advisory Committee 2007-2009

Colorado Clinical Guidelines Collaborative,  
Secondhand Smoke Guideline Development and Revision Committee 2009

Scientific Medical Advisor- NIMH Outreach  
Partnership Program with the Mental Health Association of Colorado 2007-2010

National Jewish Health, QuitLine Advisory Health Board	2007-2010
Break Free Alliance, Health Education Council Planning Committee for Homeless Populations	2011
Chair, National Quitline Behavioral Health Advisory Forum	2009-2013
National Tobacco Integration Advocacy Committee	2014-2019
CDC, Office of Smoking and Health Workgroup for Anxiety or Depression	2014-2019
Larimer County Behavioral Health Policy Council	2019-present
National Jewish Health, Behavioral Health Advisory Group	2020-present

**Community Service**

KRFC FM 88.9, Public Radio for the Front Range- Board Member	2006-2009
Board President	2007-2008
Poudre School District Wellness Advisory Council for Schools	2015-2017

**VIII. Licensure**

Colorado Psychologist Licensure #2405	1999-present
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**IX. Review and Referee Work**

State Mental Health Block Grant, Community Funding Reviewer	2002
National Institute on Drug Abuse (NIDA) Scientific Reviewer	2007
American Psychological Association Division 18 Conference Abstract Review	2007-2009
Florida Department of Health, Bureau of Tobacco Prevention, Community-Based Tobacco Prevention Interventions Program RFA	2009
ClearWay Minnesota Grant Reviewer	2009
Arkansas Department of Health Tobacco Prevention and Cessation Program	2010
National Conference on Tobacco or Health Subcommittee Chair for Abstract Review, Increasing Diversity/Eliminating Disparities	2012
Virginia Foundation for Healthy Youth Grant Review Team	2015
National Conference on Tobacco or Health Cessation and Health Systems Transformation Subcommittee	2017, 2019, 2021

**Peer Reviewer for the Following Journals**

Editorial Board Journal of Dual Diagnosis	2014-present
Editorial Board Journal of Psychoactive Drugs	2016-present

**Ad Hoc Peer Review:**

Acta Psychiatrica Scandinavica  
Administration and Policy in Mental Health and Mental Health Services Research

American Journal of Public Health  
American Journal of Managed Care  
American Journal on Addictions  
Australian and New Zealand Journal of Psychiatry  
Bipolar Disorders  
Drug and Alcohol Dependence  
European Psychiatry  
Health Education Research  
Health Promotion Practice  
International Journal of Drug Policy  
Journal of Affective Disorders  
Journal of the American Academy of Child and Adolescent Psychiatry  
Journal of the American Psychiatric Nurses Association  
Journal of Clinical Psychiatry  
Journal of Dual Disorders  
Journal of Nervous and Mental Disease  
Journal of Psychoactive Drugs  
Journal of Substance Abuse Treatment  
Mental Health Services Research  
Nicotine and Tobacco Research  
Postgraduate Medical Education  
Preventive Medicine  
Psychiatric Rehabilitation Journal  
Psychological Medicine  
Tobacco Control  
Translational Behavioral Medicine  
World Medical and Health Policy

## **X. Invited Lectures**

“Provider Strategies to Boost COVID-19 Vaccine Confidence”. 1.5-hour national webinar for the U.S. Health Resources and Services Administration, December 9, 2021

“Motivational Interviewing for COVID-19 Vaccine Hesitancy: The Protect | Me You Us Initiative”. Grand rounds for the University of Colorado, Department of Psychiatry, Sept 29, 2021

“Leveraging Quitlines for Tobacco Cessation: Real-World Implementation”. 1-hour national webinar for the University of California San Francisco, Smoking Cessation Leadership Center, August 24, 2021

“Implementing Tobacco Cessation Programs in Behavior Health/Mental Health Treatment Settings”. 1-hour virtual presentation for the Ohio Department of Health, July 14, 2021

“Public Health Roadmap: Promoting Tobacco Use Dependency Treatment in Behavioral Health Settings”. 1-hour webinar for the American Lung Association, June 10, 2021

“Emerging Opportunities to Address Co-Occurring Tobacco and Marijuana Use”. 1-hour webinar Maine Annual Tobacco Treatment & Prevention Virtual Conference, MaineHealth Center for Tobacco Independence, June 9, 2021

“Nicotine Addiction Treatment: A Standard of Care for Behavioral Health”. 1-hour presentation at the virtual ToPCon: A Commercial Tobacco Prevention Conference, May 11, 2021

“The Colorado COVID-19 Vaccine Hesitancy Project”. 1-hour presentation for the 2021 Virtual Annual Summit, Colorado Academy of Family Physicians, April 16, 2021

"Immunize Colorado Education Series: Addressing COVID-19 Vaccine Hesitancy". 1-hour webinar for Immunize Colorado, March 24, 2021

“Evaluating Health Systems Change in Behavioral Health Settings”. 1-hour webinar for the Evaluators’ Network, Office of Smoking and Health, Epidemiology Branch, Centers for Disease Control and Prevention (CDC), February 9, 2021

“Building Resiliency and Wellness Habits for Court Leaders”. 1-hour webinar for federal district judges and senior court staff sponsored by the Federal Judicial Center, October 22, 2020

“Motivational Interviewing.” Four sessions for the virtual Colorado Pediatric Psychiatry Consultation and Access Program (CoPPCAP) learning collaborative. September 12, 2020

“The Why Factor”, “Nicotine Abuse is Substance Use”, “Talk About Rural”, “Bonus Billing”, 1-hour webinars for the Behavioral Health Webinar Series on Tobacco & Nicotine Treatment. New Mexico Department of Health, May 22, June 5, June 12, June 19, 2020

“Connecting to Care: How to Leverage Quitlines to Better Support Your Clients”. 1-hour national webinar for the National Behavioral Health Network for Cancer and Tobacco Control, June 8, 2020

“Resiliency and Mental Wellness in the Workplace”. 1-hour national webinar for University of Colorado, Health Links, May 20, 2020

“Tobacco, Opioids, and Marijuana: Co-Treatment for the Best Outcomes”. 1-hour presentation for the 2020 State Tobacco Control Community of Practice Kick-Off & Action Planning Meeting, National Council for Behavioral Health, January 31, 2020

“Tobacco Free Policies and Interventions in Behavioral Health Care Settings.” 1.5-hour national webinar sponsored by the University of California, San Francisco, Smoking Cessation Leadership Center, June 18, 2019

“Tobacco, Marijuana, and Vaping: Trends & Treatment.” 2-hour plenary for the North Dakota Addiction Counselor’s Association Spring Conference, University of Mary, Bismarck, North Dakota, March 28, 2019

“Annual Nicotine Conference”, One-day training for North Dakota State University, Essentia Health, Sanford Health, and Fargo Cass Public Health, Fargo, North Dakota, February 15, 2019

“Best Practices: How Can Quitlines Help Smokers with Behavioral Health Conditions Quit.” 1.5-hour national webinar for the North American Quitline Consortium, November 28, 2018

“Tobacco Disparities in Behavioral Health and Implications for Treatment.” 1.5-hour plenary; “Intersection between Tobacco, Electronic Nicotine Delivery Systems, Marijuana, and Treatment.” 1.5-hour breakout session; Innovation Cessation Programs and Overcoming Barriers.” 45-minute panel. “Evening Lecture: Criminal Justice Reform and Tobacco Addiction.” 1.5-hour community presentation. Plan for Cessation, Live for Success: Advancing Wellness and Recovery through Tobacco Prevention & Treatment, Juneau, Alaska, April 16, 2018



“The Intersection of Substance Use Disorders and Tobacco: Emerging Opportunities.” STEPP Spring Conference, The Power of All: Partnerships in Reducing Tobacco Inequities. Lone Tree, Colorado, April 10, 2018

“Integrating Tobacco Interventions in Addiction Treatment Settings: A Key to Recovery.” Three-hour plenary for the North Dakota Addiction Counselor’s Association Spring Conference, Bismarck, North Dakota, March 26, 2018

“Florida Health Systems Change Symposium.” One-hour keynote and two-day meeting facilitation for the Florida Department of Health, Tallahassee, Florida, March 21-22, 2018

“Effectively Addressing Co-Occurring Nicotine Dependence and Marijuana Use.” One-hour webinar for the Clean Air Coalition, British Columbia, Canada, March 7, 2018

“The Intersection of Addictions and Emerging Opportunities.” One-hour keynote for the Tobacco Free Indiana Advocacy Summit, Indianapolis, Indiana, December 5, 2017

“Addressing the Needs of Smokers with Behavioral Health Conditions.” One-hour Plenary Presentation for the state AHEC Retreat, Orlando, Florida, August 17, 2017

“Increasing Our Success with Behavioral Health Clients.” Plenary Presentation for the Maine Health Center for Tobacco Independence 2017 Annual Tobacco Treatment Conference: Building Capacity, South Portland, Maine, May 10, 2017

“Collective Impact for High Public Service Utilizers.” Moving the Mark Revisited: Check in on Tobacco Control Learnings Three-Years Later. Colorado Department of Public Health and Environment. Lakewood, CO, May 1, 2017

“Nicotine and Marijuana Addiction: Research, Trends, & Treatment.” Keynote presentation for the Anyone Can Quit: How You Can Help Conference. California Health Collaborative, Chico, California, April 28, 2017

“Perinatal Tobacco Cessation Toolkit”, “Behavioral Health Tobacco Cessation Toolkit”, “Young Adult Tobacco Cessation Toolkit”. Three one-hour break-out sessions for the Anyone Can Quit: How You Can Help Conference. California Health Collaborative, Chico, California, April 28, 2017

“Tobacco Cessation for Persons with Mental Illnesses and Substance Use Disorders.” Conference all presentation to the U.S. Health and Human Services Region VIII Million Hearts Partners, April 12, 2017

“Evolving Models for Quitlines.” Plenary presented with the Board of Directors at the North American Quitline Consortium Conference, Austin, Texas, March 21, 2017

“Evidence-Based Tobacco Cessation Strategies for Persons with Mental Illnesses and Addictions.” Presentation to the Tobacco Education and Use Prevention Advisory Council, Florida Department of Health, Tallahassee, Florida, February 6, 2017

“How to Build a Personal Wellness Toolkit.” Oral presentation to the Federal Forum on Resiliency and Wellness in the Workplace, Region VIII National Prevention Strategy Collaborative and the Colorado Federal Executive Board present, Denver, CO, October 20, 2016

“Tobacco Free Policy Implementation.” 3-hour breakout session for the Statewide Substance Use Disorders Providers Meeting, The Association of Substance Abuse Programs, Austin, Texas, September 20, 2016

“An Interdisciplinary Approach to Treating Tobacco Dependence for Persons with Comorbid Behavioral Health and Primary Care Conditions.” Webinar for the New York State Health Systems Change for Tobacco-Free New York, New York, June 1, 2016

“The IGLC/SCLC Grant Program.” Panelist for the Global Tobacco Dependence Treatment Summit, Rochester, Minnesota, May 23, 2016

“Tobacco Cessation: A Key to Recovery for Persons with Addictions.” Breakout sessions for the Association for Addiction Professionals (NAADAC) and that Alaska Addictions Professionals Association, Anchorage, Alaska, May 3, 2016

“Utilizing Cessation Resources in Low-SES Communities.” Plenary for the Breathe Easy NC Conference, Raleigh, North Carolina, March 12, 2016

“Tobacco & Addictions: Building Partnerships to Reduce Tobacco Use Among People with Addictions.” Workshop for the National Council for Behavioral Health NATCON conference, Las Vegas, Nevada, March 9, 2016

“Work and Well-Being: Strategies for Prevention and Resiliency.” Plenary for the Addressing Substance Use Disorders through Interprofessional Collaborative Practices Conference, Newark, Delaware, December 7, 2015

“Increasing Low Income Tobacco Users Access to and Utilization of Cessation Treatment.” Breakout Session for the National Conference on Tackling Tobacco Use in Vulnerable Populations, Bethesda, Maryland, October 5, 2015

“Work and Well-Being for Behavioral Health Providers.” 2015 Colorado Behavioral Healthcare Council Conference, Breckenridge, CO, October 2, 2015

“Health & Wellness: A Key to Recovery for Persons with Substance Abuse Disorders.” 2015 Colorado Behavioral Healthcare Council Conference, Breckenridge, CO, October 2, 2015

“DIMENSIONS: Peer Support Program.” Presentation for the U.S. Health and Human Services, Region VIII, Behavioral Health Workforce Summit, Denver, Colorado, September 2, 2015

“Tobacco's Impact on Wellness: Treatment Approaches for a Fast-Paced Multidisciplinary Health Center.” Lecture for the student healthcare providers of San Jose State University, San Jose, California, August 25, 2015

“Manageable Tobacco Control Strategies for Treatment Agencies and Coalitions.” Breakout Session for the Annual Florida Alcohol and Drug Abuse Association, Orlando, Florida, August 6, 2015

“A Team Approach: Integrating Tobacco Dependence Treatment into Routine Clinical Practice.” National Webinar for the Health Resources and Services Administration (HRSA) and the Smoking Cessation Leadership Center (SCLC), May 27, 2015

“Tobacco Cessation and Wellness for Inmates.” Presentation for the San Francisco Jail Health Services, San Francisco April 30, 2015

“Making the Case for Smoking Cessation.” National Webinar for the Geriatric Technical Assistance Center, National Council for Behavioral Health, April 7, 2015

“National Lessons Learned: Integrating Tobacco Cessation into Behavioral Health Practices.” Keynote Presentation for the MDQuit’s 9th Annual Best Practices Conference, Ellicott City, Maryland, January 22, 2015

“How - Integrating Tobacco Treatment into Daily Practice.” National webinar for Central East Addiction Technology Transfer Center (ATTC) and Danya Institute, January 20, 2015

“Tobacco Cessation Workflow and Billing.” Webinar for the Interact for Health Foundation, December 5, 2014

“Motivating and Helping Smokers with Anxiety or Depression.” Centers for Disease Control and Prevention (CDC), Office of Smoking and Health, Atlanta, Georgia, December 4, 2014

“Leadership Symposium.” One-day wellness symposium for the National Council for Behavioral Health, Portland, Oregon, November 21, 2014

“Where’s the Justice? Tobacco Use and the Incarcerated.” National webinar for the University of California, San Francisco, Smoking Cessation Leadership Center, October 8, 2014

“DIMENSIONS: Work & Well-Being Toolkit for Physicians.” Medical Society Annual Meeting, Vail, CO, September 20, 2014

“Innovations in Integrating Tobacco Cessation into Behavioral Health Services.” Akeela Leadership Forum, Anchorage, Alaska, September 17, 2014

“Multistate Leadership Forum.” National Behavioral Health Network for Tobacco & Cancer Control, St. Louis, Missouri, August 26, 2014

“A Journey to Recovery: What Does the Cigarette Represent Myths & Facts.” National webinar for the National Behavioral Health Network for Tobacco and Cancer Control, July 29, 2014

“Behavioral Health: Integration of Policy, Practice, and Partnership.” National Conference on Tobacco and Behavioral Health, Bethesda, Maryland, May 20, 2014

“Peers and Tobacco Cessation: The Tool up Your Sleeve.” National Council for Behavioral Health Conference 2014, Washington, D.C., May 6, 2014

“Tackling Tobacco in Integrated Health Settings.” National Council for Behavioral Health Conference 2014, Washington, D.C., May 5, 2014

“Utilization of Peers to Address Wellness Disparities among the Criminal Justice Re-Entry Population.” Promising Practices to Promote Tobacco-Free Active Living and Healthy Eating in Low Socioeconomic Status Communities Conference, Washington D.C., April 29, 2014

“Ending Tobacco Use in Criminal Justice Settings.” National webinar for the National Council for Behavioral Health and Behavioral Health and Wellness Program, April 28, 2014

“A Key to Recovery: Tobacco Cessation in Behavioral Health.” Tobacco Free Larimer County Coalition, Fort Collins, CO, April 3, 2014

“Accelerating Health and Recovery through Tobacco Cessation.” Psychiatry Grand Rounds at Kaiser Permanente, Santa Rosa, California, March 25, 2014

“The Changing Demographics and Needs of Tobacco Users: Implications for our Practice.” Plenary for the Beyond the 5A’s: Improving Cessation Interventions through Strengthened Training Conference, Scottsdale, Arizona, November 14, 2013

“Treating Tobacco Dependence: Interdisciplinary Perspectives.” National webinar for the Association for the Treatment of Tobacco Use and Dependence (ATTUD), October 16, 2013

“Operationalizing Prevention and Wellness Services for Integrated Health Settings.” Annual Colorado Behavioral Healthcare Council Conference, Breckenridge, CO, September 28, 2013

“The Use of Peers in Your Tobacco Cessation Activities.” SAMHSA/HRSA Primary and Behavioral Health Care Integration Program 2013 Grantee Meeting, Phoenix, Arizona, September 25, 2013

“Sustaining Your Tobacco Cessation Activities.” SAMHSA/HRSA Primary and Behavioral Health Care Integration Program 2013 Grantee Meeting, Phoenix, Arizona, September 25, 2013

“Tackling Tobacco in Behavioral Health Settings.” National Council for Behavioral Health Hill Day Conference 2013, Washington, D.C., September 15, 2013

“Promoting Recovery through Effective Tobacco Cessation.” Texas Behavioral Health Institute, Austin, Texas, July 23, 2013

“The Use of Electronic Health Records as a Tool for Tobacco Cessation.” National webinar for the SAMHSA/HRSA Center for Integrated Health Solutions, National Council for Community Behavioral Healthcare, July 11, 2013

“Building the Case to Support Tobacco Cessation.” National webinar for the National Council for Behavioral Health and Behavioral Health and Wellness Program, June 28, 2013

“Tobacco Use and Recovery among Individuals with Mental Illness or Addiction.” Two presentations for the Illinois Department of Public Health and Illinois Tobacco Quitline, Springfield, Illinois, June 19, 2013, and Naperville, Illinois, June 20, 2013

“The Colorado Experience Addressing Smokers with Mental Illnesses.” National webinar for the Centers for Disease Control and Prevention (CDC), Office of Smoking and Health, June 13, 2013

“Breaking the Cycle of Tobacco Addiction: Tobacco Recovery for Persons with Behavioral Health Disorders.” Keynote at the Missouri Department of Mental Health 2013 Spring Institute, Lake of the Ozarks, Missouri, May 29, 2013

“Putting the “T” Back into Alcohol, Tobacco, and Other Drugs (ATOD).” the Missouri Department of Mental Health 2013 Spring Institute, Lake of the Ozarks, Missouri, May 29, 2013

“Breaking the Cycle of Tobacco Addiction: Tobacco Recovery for Persons with Behavioral Health Disorders” and “DIMENSIONS: Tobacco Free Program Fundamentals.” Community Rehabilitation Center, Inc., Jacksonville, Florida, May 22, 2013

“Leadership and Off-Paper Variables.” Salud Family Health Centers, Frederick, CO, April 16, 2013

“Workforce Wellness: Introduction to the Peer-to-Peer Tobacco Recovery Program.” The 43rd National Council for Behavioral Health Conference, Las Vegas, Nevada, April 9, 2013

“Smoking Cessation Summit: Reducing Unnecessary Death and Disability.” The 43rd National Council for Behavioral Health Conference, Las Vegas, Nevada, April 8, 2013

“Helping Youth with Behavioral Health Issues Go Tobacco Free.” State webinar for the California Department of Health, California Tobacco Control Program, April 18, 2013

“Enhancing Motivation to Quit: CO Monitors and Other Biologic Tools.” National webinar for the SAMHSA/HRSA Center for Integrated Health Solutions, National Council for Community Behavioral Healthcare, April 11, 2013

“DIMENSIONS: Assisting Callers with Mental Illnesses and Addictions.” Illinois American Lung Association, Springfield, Illinois, April 3, 2013

“Tobacco Cessation: From Planning to Implementation.” National webinar for the SAMHSA/HRSA Center for Integrated Health Solutions, National Council for Community Behavioral Healthcare, March 14, 2013

“Engagement of staff in the use of Medication Assisted Treatment (MAT).” National webinar for the SAMHSA/HRSA Center for Integrated Health Solutions, National Council for Community Behavioral Healthcare, January 31, 2013

“Serving the Tobacco Cessation Needs of Low SES African Americans with Behavioral Health Conditions.” State webinar for the California Department of Health, California Tobacco Control Program, January 17, 2013

“Mission 100 Mini-Summit Addressing Tobacco Use in Behavioral Health Settings.” One-day summit for the Alaska Mental Health Trust Authority, Anchorage, Alaska, January 8, 2013.

“Quitlines and Behavioral Health.” Webinar for the Call it Quits, Quarterly Meeting, ClearWay Minnesota, Minneapolis Minnesota, December 13, 2012

“Integrating Tobacco Cessation into Daily Practice.” Grand Rounds at the Albert Einstein College of Medicine Bronx-Lebanon Hospital Center, December 11, 2012

“Proven Strategies for Making Community Behavioral Health Agencies Tobacco-Free.” State webinar for the California Department of Health, California Tobacco Control Program, November 15, 2012

“Leading Whole Health.” Plenary for the Tobacco Grantee Kickoff Meeting, Colorado Department of Public Health and Environment, Greenwood Village, CO, Nov 1, 2012

“Tobacco Control in Addictions Treatment Settings.” Center for Dependency, Addiction, and Rehabilitation, Aurora, CO, October 16, 2012

“Practical Improvement Strategies and Voices from the Field.” State webinar for the California Department of Health, California Tobacco Control Program, September 27, 2012

“A Hidden Epidemic: Tobacco Use & Mental Illness.” Kenneth E. Warner Lecture Series at Legacy, the Legacy Foundation, Washington, D.C., May 31, 2012

“Effective Tobacco Control Strategies.” National webinar for the National Council for Behavioral Health, May 25, 2012

“Creating a Culture of Change.” Substance Abuse and Mental Health Services Administration (SAMHSA) Primary and Behavioral Health Care Integration Grantee Meeting, Baltimore, Maryland, May 18, 2012

“Freedom from Tobacco: Moving from Awareness to Interventions that Work.” 42<sup>nd</sup> National Council Mental Health and Addictions Conference, Chicago, Illinois, April 15, 2012

“Leading Whole Health: Tobacco Cessation and Wellness Initiatives.” Nebraska Women’s Health Symposium, Lincoln, Nebraska, November 9, 2011

“Promoting Recovery through Effective Tobacco Cessation Interventions.” 8<sup>th</sup> Statewide Conference on Co-Occurring Disorders, Burbank, California, October 26, 2011

“Breaking the Addiction.” One-day workshop to Austin providers for the City of Austin, County of Austin, Live Tobacco-Free Austin, Austin County Integral Care, Austin, Texas, October 24, 2011

“Behavioral Health and Tobacco: The Final Frontier.” National webinar for the Substance Abuse and Mental Health Services Administration, University of California Smoking Cessation Leadership Center, and Association for Treatment of Tobacco Use and Dependence, September 29, 2011

“Establishing Smoking Cessation Initiatives in Health Centers.” Webinar for the Health Resources and Services Administration & the National Council for Community Behavioral Healthcare, August 15, 2011

“Taking Community Health Facilities Tobacco-Free.” National webinar for the Smoking Cessation Leadership Center, University of California San Francisco to L.A. health services providers, August 24, 2011

“Practical Tools for Assessing and Treating Tobacco Use.” National webinar for the National Association of County Behavioral Health and Developmental Disabilities Directors, June 30, 2011

“Practical Tools for Assessing and Treating Tobacco Use” National webinar for the National Council for Community Behavioral Healthcare, June 17, 2011

“The Advantages of Blending Wellness and Behavioral Health.” Missouri Department of Mental Health's Spring Training Institute, Osage Beach, Missouri, May 19, 2011

“Beyond the Basic Rhetoric- How Healthcare Changes Will Impact Your Practice.” Keynote address and panel member at the Utah Department of Public Health and Utah Division of Substance Abuse and Mental Health, 2011 Generations Conference, Salt Lake City, Utah, April 20, 2011

“Clinical Evidence-Based Therapies for Smoking Cessation.” Utah Department of Public Health and Utah Division of Substance Abuse and Mental Health, 2011 Generations Conference, Salt Lake City, Utah, April 20, 2011

“Smoke Free Behavioral Health Facilities: Opportunities and Lessons Learned.” Statewide webinar for the California Tobacco Control Program, February 8, 2011

“Do Quitlines Have a Role in Serving the Tobacco Cessation Needs of Persons with Mental Illnesses and Substance Abuse Disorders?” National webinar for the North American Quitline Consortium and University of California, Smoking Cessation Leadership Center, November 18, 2010

“Tobacco-Free Addictions and Mental Health Facilities: Opportunities and Lessons Learned.” Tobacco Freedom and the Addictions and Mental Health Community Conference, Portland, Oregon, November 3, 2010

“Youth Tobacco Use- Can the Behavioral Health System Intervene?” Texas Behavioral Health Institute, Austin, Texas, July 22, 2010

“New Frontiers in Smoking Cessation to Support Wellness among People with Mental Health Problems.” Substance Abuse and Mental Health Services Administration 10 x 10 Campaign. National Webinar, May 26, 2010

“Nicotine Addiction Treatment, Primary Care and Behavioral Health.” Substance Abuse and Mental Health Services Administration Grantee Training. Innovating, Collaborating, Transforming: Primary and Behavioral Health Care Integration (PBHCI). Washington D.C., April 27, 2010

“Frontline Tobacco Addiction Training for Behavioral Health Providers and Peers: Everything You Need to Know to Implement Clinical and Community Change.” The National Council for Behavioral Healthcare- 40<sup>th</sup> National Mental Health and Addictions Conference and Expo, Orlando, Florida, March 16, 2010

“The Advantages of Blending Wellness and Behavioral Health.” Keynote at the 3rd Annual Mental Health Prevention & Substance Abuse Conference, Norman, Oklahoma, January 27, 2010

“Practical Tools for Assessing and Treating Tobacco Use.” The 3rd Annual Mental Health Prevention & Substance Abuse Conference, Norman, Oklahoma, January 27, 2010

“Reducing Tobacco Related Health Disparities in Behavioral Health Settings.” The Florida Council for Community Mental Health Annual Conference, Boca Raton, Florida, September 2, 2009

“Tobacco Quitlines and Persons with Mental Illnesses: Perspective, Practice and Direction.” The Texas Behavioral Health Institute, Austin, Texas, July 7, 2009

“Creating Positive Turbulence- A Quit Plan for California.” The Providers Tobacco Cessation Summit, San Diego, California, May 7, 2009

“Colorado STEPP Mental Health Disparities Project.” National webinar for the tobacco Cessation Leadership Network, Implementing Statewide Tobacco Dependence Treatment Programs for Persons with Mental Health and Substance Use Disorders, April 30, 2009

“Integrated University Health Services: An Ideal Model for Tobacco Cessation.” Colorado State University, Health Network Grand Rounds, Fort Collins CO, April 28, 2009

“What Can We Do to Help Smokers Quit.” National webinar for the Substance Abuse and Mental Health Administration (SAMHSA) Tobacco-Free Campaign- 100 Pioneers for Smoking Cessation Virtual Leadership Academy, April 2, 2009

“Evidence-based practices series: Tobacco Cessation for Persons with Substance Abuse Disorders and Mental Illnesses.” Colorado Department of Human Services, Division of Behavioral Health, Denver CO, January 5, 2009

“Expert Advice for Providing Services for Tobacco Users with Mental Illness and Substance Abuse Disorders”. National Webinar for the Tobacco Cessation Leadership Network, September 19, 2008

“Smoking Cessation for People with Mental and Substance Use Disorders.” Substance Abuse and Mental Health Services Administration (SAMHSA), Rockville, Maryland, July 7, 2008

“Bringing Everyone Along: Reaching Tobacco Users with Mental Illness and Substance Use Disorders.” Oregon Health Sciences University, Center for Health and Healing, Portland Oregon, May 2, 2008

“Reaching Smokers Who Have Mental Illnesses.” National Webinar for the Centers for Disease Control and Prevention (CDC) Office on Smoking and Health Media Network, April 17, 2008

“Expert Advice for Providing Services for Tobacco Users with Mental Illness and Substance Abuse Disorders.” Oregon Health Sciences University, Center for Health and Healing, Portland Oregon, April 3, 2008

“Care Satisfaction, Hope, and Life Functioning among Adults with Bipolar Disorder: Data from the First 1,000 Participants in the Systematic Treatment Enhancement Program.” University of Denver, Department of Psychiatry Grand Rounds, Denver CO, February 13, 2008

“Prevalence and Treatment of Tobacco Dependence.” University of Colorado Denver, Department of Psychiatry Grand Rounds, Denver CO, January 23, 2008

“Tools for Eliminating Tobacco Related Illnesses.” The Children’s Hospital, Child Grand Rounds, Denver CO, December 4, 2007

“Serving the Tobacco-Cessation Needs of Persons with Mental Illnesses.” The Indianapolis Smoking Cessation Committee, Indianapolis, Indiana, May 22, 2007

“New Initiatives for Reaching Smokers with Mental Illness.” Tobacco Cessation Leadership Network- National Conference Call Roundtable, Oregon Health and Science University, March 20, 2007

“Reducing Health-Related Tobacco Disparities for Persons with Mental Illnesses.” STEPP Cessation State Conference Call, Colorado Department of Public Health and Environment, April 4, 2007

“Disabilities Services in Guam: Moving from Values to Outcomes.” Guam Office of Community Integration, Guam November 14, 2006

“Transforming Mental Health in the Pacific Territories.” 6th Annual Training Institute for State Mental Health *Olmstead* Coordinators, “Celebrating *Olmstead* and the New Freedom Initiative: Reflections and New Directions for Community Integration.” Rockville, Maryland, September 12, 2006

“Consumer and Family Models.” Pohnpei State Hospital, The Federated States of Micronesia, March, March 27, 2006



“Consumer and Family Models.” Governor’s Complex, Hagatna, Guam, March 22, 2006

“The Supreme Court Olmstead Decision and Community Planning in the US Territories.” The Protection and Advocacy for Individuals with Mental Illness (PAIMI) and Colorado Protection and Advocacy System (The Legal Center), Denver, CO, December 13, 2005

“Mental Health Transformation- What Works.” Governor’s Complex, Hagatna, Guam, March 22, 2005

“Discharge Readiness and Transition Planning.” Department of Mental Health and Substance Abuse, Tamuning, Guam, March 24<sup>th</sup>, 2005

“Community Based Alternatives- Planning and Implementation.” Governor’s Complex, Hagatna, Guam, October 26, 2004

“Home and Community Based Services for Mental Illness Waiver: Colorado’s Experience.” Achieving the Promise: The Real Work of Transformation State Mental Health NFI/ Olmstead Coordinators 4th Annual Training Institute Washington D.C., September 14, 2004

“Colorado’s Community-Based Transition Strategies.” Olmstead Coordinators Conference. Substance Abuse and Mental Health Services Administration (SAMHSA) and Advocates for Human Potential, Inc., Washington D.C., September 2002

“Consumer-Provider Partnering: Clearing the Hurdles.” Colorado Mental Health Services Performance Indicators and Outcomes Conference. Evaluating Mental Health Performance: Let the Data Speak, Englewood, CO, April 2002

“Treating Bipolar Disorder.” Oregon Veteran’s Administration and Health Sciences Center, Portland, Oregon, January 2002

“Creating an Effective Research Infrastructure.” Oregon Veteran’s Administration and Health Sciences Center, Portland, Oregon, January 2002

“Relapse Prevention.” NAMI Colorado and the Department of Psychiatry, University of Colorado Health Sciences Center. Recovery 1<sup>st</sup>: New Horizons in Mental Health Conference, Longmont, CO, October 2001

“The Rights of Individuals to Participate in Community Living.” Colorado Behavioral Healthcare Conference. Treating the Whole Person: Multiple Systems, Coordinated Solutions, Breckenridge, CO, September 2001

“Consumer Advisory Project: Model Program for Consumers as Research Partners.” Mental Health Corporation of Denver Consumer/ Family/ Provider Partnership in Recovery Conference: Eradicating Stigma, Denver, CO, May 2001

“Treating Bipolar Disorder: Consumer-Driven Stages of Change.” CHARG Resource Center, 9<sup>th</sup> Annual Mental Health Conference, Denver, CO, April 2001

“Effective assessment and intervention strategies for ‘treatment-resistant’ schizophrenia: Best practices for utilizing antipsychotic medications.” Colorado Mental Health Institute, Pueblo, CO, September 1999

“Translating Research into Recovery for Individuals with Schizophrenia.” Two-day symposium to the Mental Health Corporation of Denver, August 1999

“Offenders with Serious Mental Illness.” National Association of State Mental Health Program Directors, Adult Services Division Meeting, Breckenridge, CO, May 1999

“Making Anger Work for You.” Seven Lakes Recovery Center, Fort Collins, CO, October 1995

## **XI. Teaching and Training**

“Tobacco Cessation and the Criminal Justice System: Tobacco and Mental Wellbeing Masterclass Workshop.” 2-hour virtual national training for the National Behavioral Health Network for Tobacco and Cancer Control, December 7, 2021

“DIMENSIONS Tobacco-Free Priority Population Masterclass.” 1.5-day virtual training for Los Angeles County Health Department, December 1-2, 2021

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day virtual national training, October 11-14, 2021

“An Innovation Forum: Co-Treatment of Tobacco, Opioids, and Other Polysubstance Use.” 4-hour virtual training for Nebraska Region 6 Behavioral Healthcare, August 31, 2021

“Protect | Me You Us- Motivational Interviewing for COVID-19 Vaccine Hesitancy.” 1-hour virtual training for the Colorado Coalition for the Homeless, July 28, 2021

“Mastery Over Complex Calls.” 1-hour webinar for National Jewish Health, June 29, 2021

“The Clinical Edge- Co-Treatment of Tobacco and Cannabis Use Disorders.” 1-hour virtual training for the University of Colorado Department of Medicine, June 23, 2021

“Criminal Justice Tobacco Cessation Equity Project, the 2020 Community of Practice”. 2-hours per month training to Arizona Local Public Health Agencies supported by the Arizona Department of Health Services, February 2020- June 2021

“RAISE Larimer.” 3-hour virtual training for the Larimer County Matthews House and the Center for Family Outreach, December 17, 2020

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day virtual national training, October 12-15, 2020

“DIMENSIONS Advanced Techniques Tobacco Free Program.” 1.5-day training sponsored by the County of Los Angeles Department of Health, September 30- October 1, 2020

“Washington Tobacco Freedom Community of Practice”. 1-hour per month training to Washington State opioid treatment facilities supported by the Washington State Department of Health, January-September 2020

“Creating and Enhancing Tobacco-Free Facilities and Treatment Services”. One day virtual trainings to behavioral health agencies nationally supported by the National Behavioral Health Network,

Smoking Cessation Leadership Center, Illinois Department of Public Health, Illinois Tobacco Quitline, and Alaska Division of Public Health. Aug 6 & 12, 2020

“Workplace Well-Being and Resiliency in Uncertain Times”. One-hour virtual training to USDA staff sponsored by the USDA, Food and Nutrition Services, Mountain Plains Regional Office. Aug 5, 2020.

“Motivational Interviewing for Behavior Change”. 3.5-hour introductory virtual training to University of Colorado Psychiatry Addictions Fellows, Aug 5, 2020

“The Clinical Edge: Reset Your Internal Compass: Wellness in the Face of Uncertainty- PART II”. 1-hour national webinar supported by the University of Colorado School of Medicine and Colorado Department of Public Health and Environment, July 30, 2020

“The Clinical Edge: Reset Your Internal Compass: Wellness in the Face of Uncertainty”. 1-hour national webinar supported by the University of Colorado School of Medicine and Colorado Department of Public Health and Environment, May 28, 2020

“The Clinical Edge: COVID-19, Tobacco Use & Health Disparity Populations”. 1-hour National Webinar supported by the University of Colorado School of Medicine, Colorado Department of Public Health and Environment, Arizona Department of Health, and Washington Department of Health, April 13, 2020

“Professional Pathway.” 1-hour webinar for the University of Colorado Anschutz Medical Campus Psychology Internship Didactics seminar, April 13, 2020

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day training, sponsored by Washington State Department of Health, Sea Tac, Washington, March 2-5, 2020

“Criminal Justice Tobacco Cessation Equity Project, the 2019 Community of Practice”. 2-hour per month training to Arizona Local Public Health Agencies supported by the Arizona Department of Health Services, August-December 2019

“Building a Wellness Program.” University of Colorado Denver, Clinical Health Psychology Graduate Students. Denver, Colorado, November 20, 2019

“DIMENSIONS Advanced Techniques Tobacco Free Program.” 1.5-day training sponsored by the Arizona Department of Corrections and Arizona Department of Health, November 7-8, 2019

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day training, Denver, Colorado, October 14-17, 2019

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day training, sponsored by Washington State Department of Health, Seattle, Washington, September 9-12, 2019

“Creating and Enhancing Tobacco-Free Facilities and Treatment Services”. 1.5-day training for the National Behavioral Health Network for Tobacco and Cancer Control, Denver, Colorado, July 10-11

“Tobacco Cessation Medication Training.” 1-hour webinar for Arizona physicians provided by the Postgraduate Institute of Medicine and Maricopa County Public Health, June 20, 2019

“RAISE Families for Health, Motivational Interviewing.” 4-hour to Sheridan Health Services, Denver, CO, June 13, 2019

“A Strategic Approach to Tobacco Recovery in Behavioral Health Programs.” 1-day training for the Orange County Health Care Agency, Irvine, California, June 10, 2019

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day training, sponsored by Calaveras County Health and Human Services Agency, Murphys, California, June 3-6, 2019

“Psychology Professional Development.” 1-hour training to the Salud Family Health Centers, Commerce City, Colorado, May 21, 2019

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day training, Denver, Colorado, May 13-16, 2019

“Maximize Mental Health and Substance Abuse Outcomes with Nicotine Dependence Co-Treatment.” Webinar for Tobacco Free Florida, November 28, 2018

“Tobacco Free Policy Trainings.” Two one-day trainings for the Oregon Health Authority, Portland, Oregon, November 6, 2018; Pendleton, Oregon, November 8, 2018

“The Journey Starts Here Curriculum Trainings.” Three two-day trainings for Tobacco Free Florida AHEC providers, Tallahassee, Florida, October 2-3, 2018; Fort Lauderdale, Florida, October 9-10, 2018; Tampa, Florida, December 4-5, 2018

“Central Kansas Foundation Tobacco-Free Policy.” Two-hour training to Central Kansas Foundation Staff, Salina, Kansas, August 30, 2018

“The Journey Starts Here: Strategies for Successful Program Implementation.” One-hour training to the Florida AHEC All Staff Meeting, Kissimmee, Florida, August 9, 2018

“Wellness Interventions.” One-hour training to Salud Family Health Centers interns and postdoctoral fellows, Commerce City, Colorado, June 19, 2018

“A Strategic Approach to Tobacco Cessation.” Two 3-hour trainings for Nevada County Public Health, Grass Valley, California, June 14, 2018

“Effective Treatment Options for Co-Occurring Nicotine Dependence, E-Cigarettes and Marijuana Use.” One-hour webinar for the National Behavioral Health Network for Tobacco & Cancer Control, September 25, 2017

“Building Recovery Capital by Addressing Tobacco Use.” Four-hour training for the Vermont Department of Health, Burlington, Vermont, September 21, 2017

“The Intersection of Addictions and Emerging Opportunities.” One-hour presentation to senior health officials, Burlington, Vermont, September 21, 2017

“The Maricopa County Justice-Involved Tobacco Cessation Project.” One-hour presentation for Maricopa Department of Public Health, Phoenix, Arizona, August 8, 2017

“Shame, Guilt, and Fear: Do Anti-Smoking Campaigns Work?” One-hour webinar for the Vermont Department of Health, July 27, 2017

“Serving the Tobacco Cessation Needs of Justice Involved Individuals.” Webinar for the Vermont Department of Health, June 22, 2017

“Tobacco Cessation Medications and ENDS.” 2.5-hour training to behavioral health providers and peers supported by Bay Area Community Resources, San Rafael, May 22, 2017

“ENDS: Implications for Health and Cessation.” 2.5-hour training to the Marin County Jail supported by Bay Area Community Resources, San Rafael, May 22, 2017

“Tobacco-Free Policy Implementation Training.” 2-day training to the Central Kansas Foundation, Salina, Kansas, April 24-25, 2017

“ADAP Preferred Providers Tobacco Training.” 3-hour training to behavioral health providers for the Vermont Department of Health, Randolph Center, Vermont, April 20, 2017

“DMH Wellness Training.” 3-hour training to behavioral health providers for the Vermont Department of Health, Randolph Center, Vermont, April 20, 2017

“Practical Skills for Assisting Callers with Mental Illnesses and Addictions: ND Quits Training.” 3-hour training for the North Dakota Department of Health, Grand Forks, North Dakota, February 2, 2017

“Utilizing Peer Specialists for Wellness Initiatives.” Webinar for the Vermont Department of Health, Denver, CO, December 22, 2016

“Expanding Tobacco Treatment among High-Risk Populations for Value-Based Integrated Care.” Four 1.5-hour trainings for the NH Tobacco Prevention and Control Program in Fairfield NH, November 14, 2016; Nashua NH, November 15, 2016; Manchester NH, November 16, 2016; Concord NH, November 16, 2016

“Rocky Mountain Tobacco Treatment Specialist Certification (RMTTS-C) Program.” 4-day training, Denver, CO, October 3-6, 2016

“Effective Wellness Strategies for Addictions and Mental Health Providers.” 2-hour training for the Vermont Department of Health, Montpelier, Vermont, October 7, 2016

“Enhancing a Culture of Wellness.” 2.5-hour training sponsored by the Vermont Department of Health, Vermont Care Partners, and Vermont Cooperative for Practice Improvement and Innovation, Montpelier, Vermont, October 7, 2016

“Workplace Wellness.” 1.5-hour training to the Salud Family Health Centers, Commerce City, Colorado, May 17, 2016

“Integrating Tobacco Interventions in Mental Health and Addictions Treatment Setting.” One-day training for the Monterey County Health Department, Marina, California, April 8, 2016

“Leadership and Resiliency.” Half-day training for the Supervising U.S. Officers in an Evidence-Based Environment: Capstone. The Federal Judicial Center, Denver, Colorado, April 7, 2016

“Tobacco Cessation Counseling Clinical Best Practices: An Introduction.” National webinar for the University of Colorado School of Medicine- Build a Clinic Program, Denver, Colorado, March 29, 2016

“Organizational Change in the Behavioral Health Setting.” One-day training sponsored by St. Mary’s Hospital, Center for Health Programs and Promotion and Glens Falls Hospital, Cooperstown, New York, March 15, 2016

“Vermont Tobacco-Free Facilities: What Does Success Look Like?” A webinar for the Vermont Department of Health, February 4, 2016

“DIMENSIONS: Tobacco Free Advanced Techniques Program for Justice Involved Individuals.” One-day training for the University of California, Smoking Cessation Leadership Center, San Francisco, California, August 24, 2015

“Wellness Recovery Learning Community: Kick-Off Training.” Half-day training for seven Florida addictions agencies, Orlando, Florida, August 6, 2015

“DIMENSIONS: Tobacco Cessation Medications.” 2-Hour training for prescribers at Touchstone Health Partners, Fort Collins, Colorado, July 21, 2015

“DIMENSIONS: Tobacco-Free Policy.” 2-Hour all staff training for Touchstone Health Partners, Loveland, Colorado, June 22, 2015

“Tobacco’s Role in Wellness and Recovery.” One-day trainings for the California Department of Health, California Tobacco Control Program, Fresno, June 3, 2015; Santa Clara, June 4, 2015; Siskiyou, June 11, 2015

“DIMENSIONS: Tobacco Free Fundamentals Program.” One-day trainings for the Hawaii State Department of Health, Hilo May 18, 2015 and Honolulu May 19, 2015

“DIMENSIONS: Tobacco Free Fundamentals Program.” Onsite technical assistance followed by a one-day training for statewide behavioral health providers sponsored by the Vermont Department of Health, Montpelier, Vermont, March 31-April 2, 2015

“Tobacco Recovery and Wellness for the Behavioral Health Community.” Half-day training for the Mat-Su Valley Behavioral Health Providers and Alaska Tobacco Prevention and Control Northern Region Training, Mat-Su Valley, Alaska, March 25, 2015

“The Why and How of Bringing Inpatient Units Tobacco Free.” One-day training for the San Luis Obispo County Public Health Department and Psychiatric Hospital, San Luis Obispo, California, February 19, 2015

“DIMENSIONS: Tobacco Free Advanced Techniques Program.” Two-day training for the Bay Area Community Resources Adult Tobacco Cessation Program, San Rafael, California, September 30-October 1, 2014

“DIMENSIONS: Tobacco Free Advanced Techniques Program.” Two-day training for the Interact for Health Foundation, Cincinnati, Ohio, September 4-5, 2014

“Tobacco Treatment Specialist Program.” Two-day training for the Alaska Native Tribal Health Consortium Division of Community Health Services, Wellness and Prevention Department, Tobacco Prevention and Control Program, Anchorage, Alaska, September 15-16, 2014

“Addressing Tobacco’s Use in Wellness and Recovery.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, El Dorado Hills, California, June 20, 2014

“Moving Forward: Tobacco’s Role in Wellness and Recovery.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, Chico, California, June 19, 2014

“Moving Forward: A Strategic Approach to Tobacco Recovery in Behavioral Health Programs.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, Anaheim, California, June 12, 2014

“A Strategic Approach to Tobacco Recovery in Behavioral Health Programs.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, San Luis Obispo, California, June 11, 2014

“Peer Navigator Core Training.” One-day training for the Metro Denver Homelessness Initiative, Denver, Colorado, June 2014

“Setting the Stage for Tobacco-Free Environments.” One-day training for the Interact for Health Foundation, Cincinnati, Ohio, February 28, 2014

“DIMENSIONS: Tobacco Free Program, Prescriber Guidelines.” Training for the Jefferson Center for Mental Health, Wheat Ridge, Colorado, Feb 18, 2014

“Smoking and Mental Illness: The Treatment of Nicotine Dependence in Behavioral Health.” One-day training for the Department of Health Services, Behavioral Health Division, Santa Rosa, California, March 27, 2014

“DIMENSIONS: Tobacco Free Fundamentals Program.” One-day training for the Sonoma County Department of Health Services, Santa Rosa, California, March 26, 2014

“Tobacco-Free Psynergy.” One-day training to Psynergy Programs, Inc., Morgan Hill, California, January 30, 2014

“Tobacco Free Inside and Out Webinar and Skills Building Workshop.” One-day training for the University of California Smoking Cessation Leadership Center (SCLC) and the County of Los Angeles Public Health Tobacco Control & Prevention Program (TCPP), January 29, 2014

“DIMENSIONS: Tobacco Free Advanced Techniques Program for Youth Offenders.” Two-day training for the Southwest Utah Public Health Department, St. George, Utah, December 5-6, 2013

“DIMENSIONS: Tobacco Free Fundamentals Program for Physicians, Psychiatrists, and Healthcare Providers.” Half-day training for the County of Monterey, Department of Health, Behavioral Health Bureau, Natividad Medical Center, Salinas, California, October 24, 2013

“DIMENSIONS: Tobacco Free Advanced Techniques Program.” Training for the California Tobacco Control Program and the County of Monterey, Department of Health, Behavioral Health Bureau, Marina, California, October 23-24, 2013

“Tobacco Treatment Specialist Program.” Two-day training for the Alaska Native Tribal Health Consortium Division of Community Health Services, Wellness and Prevention Department, Tobacco Prevention and Control Program, Anchorage, Alaska, September 16-17, 2013

“DIMENSIONS: Tobacco Free Advanced Techniques Program.” Two-day training for the Arkansas Department of Health Tobacco Prevention and Cessation Program, Little Rock, Arkansas, August 26-27, 2013

“Tobacco Recovery Program: Practical Strategies for Providers and Peers.” One-day training for the Tobacco Prevention and Education Program, Hawaii State Department of Health & University of California San Francisco, Smoking Cessation Leadership Center, Honolulu, Hawaii, July 30, 2013

“DIMENSIONS: Tobacco Free Program Fundamentals.” One-day training for the California Tobacco Control Program and The County of Monterey, Department of Health, Behavioral Health Bureau, Monterey, California, June 11, 2013

“DIMENSIONS: Advanced Techniques and Fundamentals Tobacco Free Program.” Three-day training for the Oklahoma Department of Mental Health and Substance Abuse Services and the Oklahoma Hospital Association, Oklahoma City, Oklahoma, May 15-17, 2013

“Tobacco Recovery and Well Body Programs.” Three-day training for the Gateway Program, Red Rocks Community College, Lakewood, Colorado, January 17-18, 2013

“Tobacco Recovery Training.” Training for Sonoma County Department of Health Services, Santa Rosa, California, November 8, 2012

“San Diego Strategic Approach to Tobacco Recovery and Policies.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, San Diego, California, June 28, 2012

“A Strategic Approach to Tobacco Recovery in Mental Health and Alcohol and Drug Programs.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, Watsonville, California, June 21, 2012

“Kicking Butts: Addressing Tobacco Use in Behavioral Health Programs.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, Santa Rosa, California, June 20, 2012

“Moving Forward: Tobacco's Role in Wellness and Recovery.” One-day Behavioral Health Regional Training for the California Department of Health, California Tobacco Control Program, Redding, California, June 4, 2012

“DIMENSIONS: Tobacco Free and Well Body Advanced Techniques Programs.” Three-day training for the Center for Mental Health, Montrose, Colorado, May 8-10, 2012

“Peer-to-Peer Tobacco Dependence Recovery Program.” Two-day training for the Arkansas Department of Health, Tobacco Prevention and Cessation Program, Little Rock, Arkansas, April 23-24, 2012

“Breaking the Cycle of Tobacco Addiction.” One-day training for the New York State Office of Mental Health, Albany, New York, February 22, 2012



“Breaking the Cycle of Tobacco Addiction.” One-day training for the Boston Public Health Commission, Boston, Massachusetts, February 15, 2012

“Peer-to-Peer Tobacco and Well Body Programs.” Three-day training for the County of San Mateo, Behavioral Health and Recovery Services, San Mateo, California, February 8-10, 2012

“Facilitating Healthy Behaviors.” One-day training for the San Mateo County, Total Wellness Program and National Council for Community Behavioral Healthcare, San Mateo, California, February 7, 2012

“Breaking the Cycle of Tobacco Addiction.” One-day training for the New York City Department of Health and Mental Hygiene, Queens, New York, January 25, 2012

“Peer-to-Peer Tobacco Dependence Recovery Program.” Two-day training for the Utah Division of Substance Abuse & Mental Health, Salt Lake City, Utah, December 7-8, 2011

“Mental Illness and Tobacco Cessation.” One-day training for the Arkansas Department of Health Tobacco Prevention and Cessation Program and Mental Health Council of Arkansas, Little Rock, Arkansas, November 30, 2011

“Breaking the Addiction Cycle.” One-day training for the City of Austin, Austin Travis County Integral Care, and County of Los Angeles Public Health, Austin, Texas, October 24, 2011

“Peer-to-Peer Well Body and Tobacco Dependence Recovery Programs.” One-day training for San Mateo County Public Health, San Mateo, California, September 26, 2011

“Tobacco Freedom Policy Implementation.” Two-day trainings for the State of Oregon Public Health Division, Tobacco Control Integration Project, Salem and Coos Bay, Oregon, September 19-22, 2011

“UCLA Homelessness Program- Peer to Peer Services.” Two-day training to L.A. County homelessness providers, L.A. California, July 19-20, 2011

“Practical Tools for Assessing and Treating Tobacco Use.” 60th Annual Session of the University of Utah School on Alcoholism and Other Drug Dependencies, School of Medicine, Salt Lake City, Utah, June 24, 2011

“Practical Tools for Assessing and Treating Tobacco Use.” One-day training to the Santa Clara County Department of Public Health, Santa Clara, California, June 16, 2011

“Practical Tools for Assessing and Treating Tobacco Use.” One-day training to the Santa Cruz County Department of Public Health, Santa Cruz, California, June 14, 2011

“Tobacco Freedom Policy Implementation.” Two-day trainings for the State of Oregon Public Health Division, Tobacco Control Integration Project, Salem and Roseburg, Oregon, April 25-28, 2011

“Smoke Free Behavioral Health Facilities: Opportunities and Lessons Learned.” Pre-conference training for the Utah Department of Public Health and Utah Division of Substance Abuse and Mental Health, 2011 Generations Conference, Salt Lake City, Utah, April 19, 2011

“Tobacco Cessation for Mental Health Settings.” Two-day training for the Greater Nashua Mental Health Center, Nashua, New Hampshire, November 9-10, 2010

“Peer-to-peer tobacco dependence recovery program.” Two-day training for the Nebraska Department of Health and Human Services, the Office of Consumer Affairs in the Division of Behavioral Health, and the Peer Planning Committee, Hastings, Nebraska, October 26-27, 2010

“Peer-to-peer tobacco dependence recovery program.” Two-day training for Fayette Companies/Human Service Center, Peoria, Illinois, July 26-27, 2010

“Peer-to-peer tobacco dependence recovery program.” Two-day training for the Connecticut Community for Addiction Recovery, Hartford, Connecticut, July 12-13, 2010

“Peer-to-peer tobacco dependence recovery program.” Two-day training for the Los Angeles Department of Public Health, L.A., California, May 19-20, 2010

“Tobacco and Wellness Interventions.” One-day training for Colorado West Regional Mental Health, Inc., Glenwood Springs, Colorado, November 2009

“Colorado Certified Addiction Counselor Trainings.” Colorado Division of Behavioral Health trainings in Loveland and Greeley, Colorado, September 2009

“Peer-to-peer programs for tobacco cessation.” Two-day training for the Los Angeles Department of Public Health, LA, California, May 18-19, 2009

“Postdoctoral Fellowships in Psychology.” Multiple presentations to the Professional Issues Class at the University of Denver, Graduate School of Professional Psychology, Denver, CO, August 5, 2008, January 2008, July 28, 2009

“Addressing the Tobacco Cessation Need of Persons with Mental Illnesses.” STEPP New Employee Orientation, Denver, CO, November 6, 2008

“Smoking Cessation for Persons with Mental Illnesses and Substance Abuse Disorders: Tools for Eliminating Tobacco Related Illnesses.” Two-Day Training to the Baton Rouge Health Services District, Baton Rouge, Louisiana, April 10-11, 2008

“Balancing Your Professional Portfolio through Consulting.” Presentations to the University of Denver Psychology Graduate Students, July 23, 2007 & February 2008

“International Consultation.” Presentation to the University of Colorado Integrated Care Psychology Interns, Colorado Psychiatric Hospital, May 14, 2007

“Program Evaluation.” Presentation to the University of Colorado and VA Psychology Interns, Colorado Psychiatric Hospital, April 5, 2007

“Quitline Training on Persons with Mental Illnesses Who Use Tobacco.” National Jewish Quitline, National Jewish Hospital, February 14, 2007

“Community, Public Policy, and Forensic Practice.” Presentation to the Professional Issues in Psychology Course for the University of Denver, Graduate School of Professional Psychology, July 11, 2006

“Career Paths for Psychology.” Presentation to the Colorado State University Psychology Doctoral Students, March 10, 2006

“One Psychologist’s Path.” Presentation to University of Denver Graduate School of Professional Psychology, Professional Issues Class, January 2005

“The Practice of Psychology.” Two Presentations to the Children’s Hospital Psychology Interns and JFK Partners Psychology Interns, Summer 2005

“Recovery: A Work in Progress.” Presentation to University of Colorado Psychiatric Residents, September 2001

“The Business of Psychology.” Two-day Seminars for University of Colorado and VA Psychology Interns, August 1998 & 1999

### **University of Colorado, School of Medicine Courses**

**Medical Student Work & Well-Being Course, ICC 8004** 2013-2020  
School of Medicine, 4<sup>th</sup> year medical students

**Spark Patient Change with Motivational Interviewing, IDPT 6010** 2018  
School of Medicine, 1<sup>st</sup> & 2<sup>nd</sup> year medical students

**Basic Psychiatry Sequence, Cardiovascular, Pulmonary, Renal Block** 2016-2017  
School of Medicine, medical students

**Health Promotion I, IDPT 6616** 2013  
School of Medicine, 1<sup>st</sup> year medical students

**Key Concepts in Neurodevelopmental Disabilities** 2003-2006  
JFK Partners, Departments of Psychiatry and Pediatrics, University of Colorado

**Public Mental Health System Seminar** 2001-2002  
Department of Psychiatry, University of Colorado

### **Innovative Curriculum**

**[Rocky Mountain Tobacco Treatment Specialist Certification \(RMTTS-C\) Program](#)** 2015-present  
Department of Psychiatry, University of Colorado Anschutz Campus

**[Wellness Leadership Institute](#)** 2011-present  
Department of Psychiatry, University of Colorado Anschutz Campus

**DIMENSIONS Wellness Program** 2010-present  
Department of Psychiatry, University of Colorado Anschutz Campus

**Denver-Metro Postdoctoral Seminar Series** 2007-2014  
University of Colorado Departments of Psychiatry and Family Medicine, the Children’s Hospital, Denver Health Medical Center, Veterans Administration, Salud Family Health Centers, Presbyterian/ St. Luke’s Medical Center, HealthONE

**Administration and Evaluation Postdoctoral Fellowship** 2000-2011  
Department of Psychiatry, University of Colorado Anschutz/University of Colorado Health Sciences Campus

### **Other Past Courses**

#### **Colorado State University, Department of Psychology**

EcoPsychology	1996
Abnormal Psychology	1996
Cognitive Psychology	1995

### **Attending/Supervision Duties**

#### **Supervision of Postdoctoral Fellows and Students** 2000-2019 **Department of Psychiatry, Administration & Evaluation Program and Wellness Leadership Institute**

Clinical and consultation supervision for placement sites at the University of Colorado Center for Human Nutrition, Colorado Division of Mental Health, Anthem Behavioral Health Care, Western Interstate Commission for Higher Education, TriWest Group, Colorado Access, Jefferson Center for Mental Health, Colorado Coalition for the Homeless, Aurora Research Institute, Colorado West, Foothills Behavioral Health, and the Department of Psychiatry Behavioral Health & Wellness Program.

3 hours/week, 41 postdoctoral fellows

#### **University of Colorado Hospital, Tobacco Cessation Clinic** 2014-2016

Anschutz Outpatient Pavilion, supervision of tobacco cessation groups  
1 hour/week, 2 providers

#### **Supervision of Postdoctoral Fellows & Psychiatry Staff** 2001-2006

Psychiatric Assessments for the Systematic Treatment Enhancement Program for Bipolar Disorder  
5 hours/week, 3-4 postdoctoral fellows annually

### **University of Colorado Medical Students and Residents**

<b>Karima Hamamsy</b> , Medical Student	2018-2019
<b>Alexandra Lauren</b> , Medical Student	2018-2019
<b>Michael Regner, MD</b> , Resident Department of Radiology	2015-2017
<b>Daniel Hochman, MD</b> , Resident Department of Psychiatry	2010-2011
<b>Toby Steele</b> , Medical Student	2006-2007
<b>Brian Rothberg, MD</b> , Resident, Department of Psychiatry	2005-2006

### **Other Faculty/Student Mentoring**

<b>Chizimuzo (Zim) Okoli, PhD, MPH, MSN</b> , Univ of Kentucky College of Nursing	2019-2021
<b>Christine Garver-Apgar, PhD</b> , Department of Psychiatry	2018-present
<b>Kimberly Mercer, PsyD</b> , University of Denver, Primary Care Clinic	2014-2018
<b>Susan Young, PhD</b> , Department of Psychiatry	2013-2017
<b>Barbara Martin, RN</b> , Schools of Nursing and Public Health	2013
<b>Ali Zirakzadeh, MD</b> , Department of Internal Medicine	2012-present
<b>Laura Martin, MD</b> , Department of Psychiatry	2010-2014
<b>Jeanette Waxmonsky</b> , Department of Psychiatry	2002-2009
<b>Eliza Lanman</b> , University of Colorado Denver	2009
<b>Scott Le Beau</b> , University of Colorado Boulder, Psychology	2008

<b>Olga Belikova</b> Metropolitan State College of Denver	2009
<b>Mandy Graves</b> , Johns Hopkins Bloomberg School of Public Health	2007
<b>Jennifer (McDonald) Turnbull</b> , Metropolitan State College of Denver	2006

**Administrative Teaching Positions**

**Director, Postdoctoral Fellowship in Administration and Evaluation Psychology and Wellness Leadership Institute**

University of Colorado, Department of Psychiatry 2000-present

**Discipline Director- Psychology Postdoctoral Fellowship**

JFK Partners, UCD Departments of Psychiatry and Pediatrics 2003-2006

**XII. Support from Grants and Contracts**

**Currently Funded Grants and Contracts**

**“National Behavioral Health Network for Tobacco & Cancer Control” contract 2405.0002**

**Co-Principal Investigator**, the Centers for Disease Control and Prevention (CDC), Office of Smoking and Health and the Division of Cancer Prevention and Control, 10/01/2013-9/30/2023, 10% effort, \$691,000  
The Behavioral Health & Wellness Program partners with the National Council for Behavioral Health, Smoking Cessation Leadership Center at the University of California- San Francisco, and Centerstone Research Institute to provide a national CDC network to reduce tobacco use and cancer and to address health disparities in the behavioral health population. Together the partners provide evidence-based approaches to prevent tobacco use and cancer, through technical assistance, education, training, and networking opportunities that complement other CDC-funded chronic disease program activities.

**“Motivational Interviewing and Wellness Training” project 520035**

**Principal Investigator**, University of Colorado School of Medicine UPL, 07/01/2019-06/30/2022, 10% effort, \$593,931

A contract to train UHealth system, School of Medicine, and interdisciplinary providers statewide serving Medicaid and health disparity populations. BHWP provides training on Motivational Interviewing and whole health services. Trainings are instrumental in assisting providers to engage patients in care and expand Colorado healthcare providers utilization of evidence-based wellness services for the state's most vulnerable populations. This innovative programming provides training on strategies for tobacco/nicotine cessation, medication assisted treatment (MAT), nutrition, physical activity, healthy sleep, decreased stress, workplace wellness, and increased vaccination rates, with an explicit focus on promoting positive behavior change through motivational engagement and behavior change strategies.

**“COVID-19 Vaccine Hesitancy Program for Kids” agreement 2022\*2607**

**Principal Investigator**, Colorado Department of Public Health and Environment, 10/1/21-6/30/22, 10% effort, \$73,028

A project to create a communication and training platform to be used throughout the State of Colorado to assist health care providers in conversations with youth and parents of young children s regarding COVID-19 vaccinations. The selected communications strategies will be used to develop training materials for healthcare providers, community immunization champions, and school healthcare clinics. Synthesizing the evidence base, The Protect Me You Us Kids consists of a series of brief Motivational Interviewing video modules created to assist interdisciplinary providers to have effective conversations that reduce vaccine hesitancy.

**“Cessation and Health Systems Change Training and Technical Assistance for Grantees” contract 19 FHLA 110238**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2018-6/30/2022, 15% effort, \$992,691

A partnership with the State of Colorado to improve health through evidence-based, culturally responsive strategies that prevent, postpone, and treat chronic disease; Improve health promotion and prevention policy; Transform health care delivery; and Integrate community and clinical care prevention efforts. To accomplish these aims, BHWP provides technical assistance and training to State Tobacco Education and Prevention Partnership (STEPP) community grantees working to increase tobacco cessation, reduce initiation of tobacco use, decrease tobacco prevalence among youth, and decrease exposure to secondhand smoke.

**“Health Systems Change, Cessation Treatment and Environmental Change for Mental Health and Priority Populations” contract 19 FHLA 110232**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2018-6/30/2022, 10% effort, \$931,125

This public health project serves to improve public health through evidence-based, culturally responsive strategies that transform health care delivery and integrate tobacco cessation into community/clinical care prevention efforts through a multipronged approach including technical assistance, and capacity building to promote health systems change, tobacco cessation treatment, environmental change for behavioral health/priority populations. The project training component consists of topics such as Motivational Interviewing, medication assisted treatment (MAT) for tobacco cessation, psychoeducation group curricula, and tobacco-free policies. As a component of this work, BHWP has created a model tobacco free policy for behavioral health and healthcare agencies and is working with statewide agencies to integrate tobacco-free strategies into clinical workflows.

**“Arizona Tobacco Control” contract CTR040291**

**Principal Investigator**, Arizona Department of Health Services and Maricopa County Department of Public Health, 6/1/2017-6/30/2022, 15% effort, \$495,116

BHWP assists the State of Arizona to meet the tobacco cessation needs of Arizona’s tobacco users, with specific attention paid to priority populations. Individuals involved with Arizona’s criminal justice system is a specific population of focus. BHWP provides consultation, technical assistance, and training for the Arizona Department of Health Services and local public health agency grantees that have chosen the justice involved population as a target health disparity population. BHWP has also piloted peer-run tobacco cessation services for the Arizona Department of Corrections. Project aims are accomplished through virtual and onsite peer-based communities of practice, individualized strategic planning, evidence-based webinars, and training on DIMENSIONS curricula.

**“Motivational Interviewing for Vaccine Hesitancy” professional services agreement**

**Principal Investigator**, Colorado Access, 1/15/21-3/31/22, 10% effort, \$72,544

BHWP shall provide consultation and a series of training with the aim of increasing effective communication and which assists the Colorado Access care management team and its healthcare provider network to increase member COVID-19 vaccination rates. BHWP will address common barriers and facilitators to COVID-19 vaccinations, and trainings will also be informed by “real-world” experiences solicited from Colorado Access care managers. BHWP develops provider briefs on evidence-based practices for overcoming COVID-19 vaccine hesitancy among adults, parents, children, and young adults. Subsequent Protect Me You Us, overcoming vaccine hesitancy trainings, are provided to Colorado Access staff and community partner agencies.

**“Denver-Prevention Research Center COVID-19 Vaccine Hesitancy Supplement” CDC-RFA-DP19-001 (Leiferman, Puma) Co-Investigator**, the Centers for Disease Control and Prevention (CDC), 5/01/2021-5/31/2022, 5% effort, \$87,715 subcontract

The overarching goal of the proposed project is to ensure high uptake of the COVID-19 vaccines in rural areas of Colorado by utilizing CDC's Vaccinate with Confidence Strategy for COVID-19 vaccines, which emphasizes the need to: 1) build trust in the vaccine, the vaccinator, and the health system; 2) empower healthcare personnel; and 3) engage communities and individuals. We are implementing and evaluating evidenced-based, multi-level behavioral interventions that will increase vaccine access and reduce vaccine hesitancy. BHWP has further provided Protect Me You Us, Motivational Interviewing based trainings to healthcare, public health, and other community agency staff.

### **Completed Grants and Contracts**

#### **“Tobacco Cessation Services for the County of Los Angeles” contract PO-PH-22006223-1**

**Principal Investigator**, Los Angeles County Public Health, 10/28/2021-12/31/2021, 20% effort, \$98,000

An initiative to instruct Los Angeles County behavioral health and health care providers on evidenced-based clinical practice information and clinical skills required to meet current professional practice standards in tobacco cessation. BHWP provides training on its DIMENSIONS curricula, peer-based communities of practice, and individualized technical assistance to transform health care delivery and assist community agencies to create, integrate, and operate efficient tobacco cessation workflows.

#### **“Addressing the Whole Health of Low-SES Families: A Novel Approach to Tobacco Treatment” contract 19 FHLA 109722**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2018-12/31/2021, 8% effort, \$507,438

RAISE Families for Health is an evidence-based curriculum designed to interrupt intergenerational cycles of poor health and disease. RAISE served to improve public health by addressing factors leading to health disparities among families living in poverty. This was accomplished by implementing programming at Sheridan Health Services for parents/caregivers in the Sheridan community of Denver which was designed to: Address tobacco cessation in the context of an educational and support program focused on whole-health behavior change; and Provide supportive, group-based or one-on-one health and wellness programming, including educational and motivational activities, tailored to the particular challenges facing low-resourced, underserved parents raising children. Over three years, RAISE was piloted in-person and virtually at an integrated care clinic, as well as two community agencies serving at-risk families.

#### **“Rural State Quitline Caller Evaluation and Training” professional Services agreement**

**Principal Investigator**, National Jewish Health, 9/01/2019-12/1/2021, 5% effort, \$75,649

A contract to provide an evaluation of quitline experiences among persons living in rural areas that also smoke. A review of the salient literature was complemented by a multi-state survey of current quitline users, the perspectives of national experts, and the findings from focus groups of individuals living in rural areas who have called the quitline, as well as those who have never used quitline services. The evaluation assisted National Jewish Health (NJH) and quitline funders from multiple states to better understand the barriers and facilitators to engaging and sustaining rural smokers in quitline services. Additionally, NJH call staff will be trained in Motivational Interviewing strategies, with an emphasis on rural callers' issues.

#### **“RAISE Families for Health” grant 20-GRP-UCRP**

**Principal Investigator**, Larimer County Behavioral Health Services, 10/15/20-9/30/21, 5% effort, \$91,416

The project aim was to increase health equity and build family resilience by providing training and ongoing technical assistance to two community service agencies on the RAISE Families for Health curriculum. RAISE offers at-risk caregivers evidence-based strategies for behavior change including coping with stress, healthy sleep, healthy eating, physical activity, and tobacco-free environments.

#### **“COVID-19 Vaccine Hesitancy Program for Adults” contract 2021\*3302**

**Principal Investigator**, Colorado Department of Public Health and Environment, 1/10/21-6/30/21, 10% effort, \$70,406

The Protect Me You Us initiative was funded to create a communication and training plan to be used throughout the State of Colorado to assist health care providers in conversations with adult patients regarding COVID-19 vaccinations. Developed video modules assisted statewide health care providers in understanding how to reach patients with effective, tailored messaging about the COVID-19 vaccine. The project emphasized reducing vaccine hesitancy among at-risk populations including African American and Latinx communities.

**“Tobacco Cessation Services for the County of Los Angeles”**

**Principal Investigator**, Los Angeles County Public Health, 7/1/2020-6/30/2021, 5% effort, \$99,190

An initiative to instruct health care providers on evidenced-based clinical practice information and clinical skills required to meet current professional practice standards in tobacco cessation. BHWP will also provide training to transform health care delivery by providing the skills and knowledge necessary to create, integrate, and operate an efficient tobacco cessation workflow as a part of our current patient care delivery system within the LA County Health Agency.

**“Washington State Opioid Treatment Network Tobacco Cessation Training”**

**Principal Investigator**, Washington State Health Department, 7/01/2019-9/29/20, 5% effort, \$170,130

A contract to provide a Tobacco Treatment Specialist training and a Fundamentals-Tobacco Free Training to providers working in the Washington State Opioid Treatment Networks and Hub & Spoke Networks.

**“Colorado Access Consultation”**

**Principal Investigator**, Colorado Access, 7/01/19-12/31/19, 25% effort, \$75,000

A contract to provide quality assessment and performance improvement consultation to Colorado Access Health Strategy and Quality Improvement leadership.

**“Tobacco Free Florida – The Journey Starts Here”**

**Principal Investigator**, Florida Department of Health (through the Suwanee River Area Health Education Center), 2/1/2017-4/30/2019, 10% effort, \$315,481

BHWP provides consultation and training to assist in creating the Bureau of Tobacco Free Florida’s strategic plan and programming to address the needs of tobacco users with mental illnesses and addictions.

**“It Takes a Library”**

**Principal Investigator**, Colorado Mental Wellness Network, 2/1/2017- 6/30/18, 5% effort, \$160,000

A partnership with the Colorado Department of Human Services, Denver Public Library (DPL) and the Colorado Mental Wellness Network to pilot a community service model in which formerly homeless persons, or “peers,” are hired and trained to assist at-risk DPL visitors with benefits and services. BHWP provides the program evaluation for this innovative project.

**“Cessation and Health Systems Change Training and Technical Assistance for Grantees”**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2015-6/30/2018, 20% effort, \$750,000

A grant to provide technical assistance and training to approximately 30 agencies receiving CDPHE tobacco cessation grants across Colorado.

**“Health Systems Change, Cessation Treatment and Environmental Change for Mental Health and Priority Populations”**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2015-6/30/2018, 20% effort, \$750,000

We will create partnerships with local and regional behavioral health providers and utilize train-the-trainer models and resources to extend the reach of evidence-based tobacco cessation services.



### **“Collective Impact for High Public Service Utilizers”**

**Principal Investigator**, Colorado Department of Public Health & Environment Health Disparities Grant Program (RFA #1237), 7/01/2015-6/30/2018, 12% effort, \$750,000

A partnership with the Metro Denver Homelessness Initiative (MDHI), Jefferson County Public Health, Boulder Public Health, and Denver Public Health to address the cancer screening and healthy living needs of persons who are low income or living in poverty, have chronic care issues, struggle with behavioral health conditions, are homeless or at risk of homelessness, and often are involved in the criminal justice system.

### **“The Build a Clinic Program”**

**Principal Investigator**, Pfizer Independent Grants for Learning and Change (IGLC), 1/1/2016-5/30/2017, 5% effort, \$200,000

We will recruit and train two cohorts of 10-15 integrated primary care clinics operating in rural or medically underserved areas ready to add or augment tobacco cessation services and supports into existing clinical practice. Participants in each cohort will partake in six, monthly webinars; six, monthly collaborative learning activities, and receive 3 hours of one-on-one tailored technical assistance. Collectively the six, themed webinars and collaborative learning activities will comprise a comprehensive series on the skills and knowledge necessary to create, integrate, and operate an efficient tobacco cessation workflow within normal clinic operations.

### **“Rocky Mountain Tobacco Treatment Specialist Certification Program Training”**

**Principal Investigator**, The University of Texas at Austin, Tobacco Research and Evaluation Team, June 2016, 5% effort, \$78,913

Conducted an interactive, 4-day training experience focused on providing the necessary knowledge, clinical skills, and evidence-based treatment strategies to effectively treat tobacco dependence. This program facilitated mastery of the ATTUD Core Competencies Skill Sets. On the fourth day, participants completed a comprehensive exam for certification.

### **“In Pursuit of the 3 Cs: Confident, Concise and Consistent Health Care Provider Recommendations for Adolescent Vaccinations”**

**Principal Site Investigator**, 11/1/2015-6/30/2016, 5% effort, Unity Consortium, \$58,095

The specific aims of this implementation study are to assess baseline adolescent levels at the 11-12 year and 16-year old adolescent visits, develop a provider motivational interviewing training to include a demonstration video, on-site training and practice, and three individualized coaching sessions; and implement and assess the impact of the training on adolescent vaccine utilization.

### **“Wellness Recovery Learning Community”**

**Co-Principal Investigator**, Pfizer Independent Grants for Learning and Change (IGLC) and the Smoking Cessation Leadership Center (SCLC) at the University of California, San Francisco, 4/15/2015-4/14/2016, 15% effort, \$75,000 subcontract

To address and eliminate these disparities, the National Council for Behavioral Health in partnership with the Behavioral Health & Wellness Program will lead the design, implementation and evaluation of the *Wellness and Recovery Learning Community* which will improve the overall health of people with substance use disorders in the state of Florida by improving tobacco prevention and cessation efforts in seven substance use treatment agencies; and strengthening cross-systems collaboration.

### **“Cessation and Health Systems Change Training and Technical Assistance for Grantees”**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2015-6/30/2018, 20% effort, \$750,000

A grant to provide technical assistance and training to approximately 30 agencies receiving CDPHE tobacco cessation grants across Colorado.

**“Health Systems Change, Cessation Treatment and Environmental Change for Mental Health and Priority Populations”**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco Prevention and Cessation Grant Program, 7/01/2015-6/30/2018, 20% effort, \$750,000

We will create partnerships with local and regional behavioral health providers and utilize train-the-trainer models and resources to extend the reach of evidence-based tobacco cessation services.

**“Collective Impact for High Public Service Utilizers”**

**Principal Investigator**, Colorado Department of Public Health & Environment Health Disparities Grant Program (RFA #1237), 7/01/2015-6/30/2018, 12% effort, \$750,000

A partnership with the Metro Denver Homelessness Initiative (MDHI), Jefferson County Public Health, Boulder Public Health, and Denver Public Health to address the cancer screening and healthy living needs of persons who are low income or living in poverty, have chronic care issues, struggle with behavioral health conditions, are homeless or at risk of homelessness, and often are involved in the criminal justice system.

**“National Jewish Health QuitLine Research”**

**Principal Investigator**, National Jewish Health, Health Initiatives Programs, 9/01/2014-8/31/2015, 5% effort, \$110,000

Research consultation to National Jewish Health to leverage extensive data collected at NJH to identify trends, outcomes, and opportunities for improvement in programs and services. Research was completed for smokers from priority populations including persons with behavioral health conditions, American Indians, and tobacco users who are LGBT.

**“Tobacco Interventions for Persons with Behavioral Health Disorders Tobacco Education”**

**Principal Investigator**, Colorado Department of Public Health and Environment, Prevention and Cessation Grant Program, Project Number 13 TEPCGP A35 0224, 10/01/2012-6/30/15, 20% effort, \$1,144,301

A grant to assess evidence-based tobacco control programming for behavioral health agencies statewide and to provide technical assistance and training to these agencies on integration of tobacco cessation into daily healthcare practice. Toolkits and other practical resources will be created and disseminated.

**“Well Body Programming for Persons with Behavioral Health Disorders**

**Principal Investigator**, Colorado Department of Public Health and Environment, Health Disparities Grant, Project Number 13 HD A35 0223, 10/01/2012-6/30/15, 20% effort, \$646,358

A grant to assess evidence-based weight management and nutrition programming for behavioral health agencies statewide and to provide technical assistance and training to these agencies on integration of weight management and nutrition into daily healthcare practice. Toolkits and other practical resources will be created and disseminated.

**“Cessation and Health Systems Change Training and Technical Assistance”**

**Principal Investigator**, Colorado Department of Public Health and Environment, State Tobacco Education and Prevention Partnership Grant Program, Technical Assistance Request for Applications, 10/01/2012-6/30/15, 20% effort, \$749,543

A grant to provide tobacco cessation training and technical assistance to CDPHE tobacco grantees through statewide assessment, regional trainings, agency consultation, and development and dissemination of practical resources.

**“Tobacco Cessation for Persons with Mental Illnesses”**

**Principal Investigator**, University of California, San Francisco- Smoking Cessation Leadership Center/Robert Wood Johnson Foundation, 3/1/08-7/31/15, 10% effort, \$185,692

National technical assistance, training, and translational research on increasing smoking cessation rates among persons with mental illnesses and addictions and increase the number of health care professionals and health care institutions who offer evidence-based tobacco control strategies.

**“A Tobacco Cessation Continuity-of-Care Model for the Re-Entry Population”**

**Principal Investigator**, University of California Smoking Cessation Leadership Center and Pfizer Medical Education System. Grant 044352, 2/1/2013 – 12/31/14, 15% effort, \$100,000

The University of Colorado, Behavioral Health & Wellness Program is partnering with the Colorado Governor’s Office, Department of Corrections, prison and jail reentry programs, and Substance Abuse and Mental Health Services Administration (SAMHSA) to create innovative tobacco cessation programming for offenders re-entering the community.

**“Tobacco Recovery and Wellness for the Behavioral Health Community”**

**Principal Investigator**, University of California Smoking Cessation Leadership Center and Pfizer Medical Education System. Grant 044150, 2/1/2013 – 12/31/14, 15% effort, \$200,000

The University of Colorado, Behavioral Health & Wellness Program will partner with the National Council for Community Behavioral Healthcare to help peers, providers, and behavioral healthcare agencies build practical tobacco cessation skills and sustained organizational steps tobacco control.

**“A3051123- Varenicline Tartrate Clinical Trial for Smokers with and without Psychiatric Disorders”**

**Principal Investigator**, Pfizer, 10/1/11-10/1/14, 15% effort, \$490,115

A phase 4 randomized, double-blind, active and placebo controlled, multicenter study to assess varenicline as an aid smoking cessation treatment in subjects with and without a psychiatric diagnosis.

**“Evidence-Based Wellness Practice, Technical Assistance and Training”**

**Principal Investigator**, SAMHSA-HRSA National Council for Community Behavioral Healthcare, Center for Integrated Healthcare Solutions, 5/1/11-11/1/13, 10% effort, \$150,000

Training and technical assistance to 92 national Primary and Behavioral Health Care Integration (PBHCI) Program grantees. Organizational assessments, individualized site reporting, regional trainings, and webinars were provided.

**“A3051122- Varenicline Tartrate Clinical Trial for Smokers with Depression”**

**Principal Investigator**, Pfizer, 4/1/10-6/1/12, 15% effort, \$549,414

A phase 4 randomized, double-blind, active and placebo controlled, multicenter study to assess varenicline as an aid smoking cessation treatment in subjects with diagnoses depression

**“Reducing Health-Related Tobacco Disparities for Persons with Mental Illnesses”**

**Principal Investigator**, Colorado Department of Public Health and the Environment, State Tobacco Education and Prevention Program Competitive Grant, 10/1/08-10/1/2012, 40% effort, \$1,050,000

Implementation and dissemination of evidence-based efforts to assist tobacco cessation among persons with mental illnesses. Efforts include developing smoke free campuses, reimbursement public policy, and provider and peer training.

**“Protecting Individuals from Secondhand Smoke in Multi-Unit Housing”**

**Principal Investigator**, Colorado Department of Public Health and Environment, Tobacco-Free Colorado Communities Initiative, Tobacco Education, Prevention and Cessation Grant Program, 11/1/2010-06/30/2012, 10% effort, \$222,337

Statewide technical assistance and training to assist behavioral health agencies to implement tobacco cessation policies in residential treatment settings.

**“CDC National Training and Technical Assistance”**

**Principal Investigator**, American Recovery and Reinvestment Act (ARRA) of 2009

Communities Putting Prevention to Work RFA-DP09-91202SUPP10 Supplemental Funding to Support Community Mentoring, Technical Assistance and Training, 6/1/10-3/1/12, 10% effort, \$126,787  
CDC grant administered by the Los Angeles Department of Health to extend state innovations to other CDC grantee sites. Provided national training and technical assistance on evidence-based tobacco control strategies to these grantees.

**“A Needs Assessment for Persons with Behavioral Health and Weight Control Issues”**

**Principal Investigator**, Colorado Clinical and Translational Sciences Institute, 1/1/2010-1/1/2011, 5% effort, \$30,000

Qualitative statewide exploration of the weight control needs of persons served by the public behavioral healthcare system.

**“The UCD Postdoctoral Fellowship for Administration and Evaluation Psychology”**

**Director**, Contract with 2-4 Consortium Sites Annually, 10/1/00-9/31/11, 15% effort, \$1,320,000

This reality-based program was developed in 1992 to give psychologists the skill set they needed to become effective leaders, administrators, researchers and evaluators in community systems of care.

**“Colorado Division of Behavioral Health Program and Policy Consultation”**

**Consultant**, (Principal- Chad Morris, PhD), Annual contract between the Colorado Division of Behavioral Health and University of Colorado, Behavioral Health & Wellness Program, 7/1/01-6/30/11, 20% effort, \$400,000

Consultation including development of policies, standards, rules and regulations; planning, contracting and allocation of resources. Administered over 5 million dollars in statewide programs for the SAMHSA, Center for Mental Health Services “New Freedom Initiative- State Coalitions to Promote Community-Based Care (Olmstead) Grant” and “Projects for Assistance in Transition from Homelessness (PATH) Grant”.

**“A3051072- Varenicline Tartrate Clinical Trial for Persons with Psychotic Disorders”**

**Principal Investigator**, Pfizer, 3/1/08-12/1/09, 10% effort, \$272,936

A phase 3B 12-week, double-blind, placebo-controlled, multicenter study evaluating the safety and efficacy of varenicline tartrate for smoking cessation in subjects with diagnosed schizophrenia and schizoaffective disorder.

**“Smoking Cessation among Latinos in Primary Care”**

**Sub Investigator**, (PI, J. Waxmonsky, University of Colorado), National Cancer Institute grant 3U01CA114604-03S2, 1/1/08-6/1/09, 7% effort, \$50,000

Administered focus groups with Latinos with diagnosed depression to determine how to translate existing resources to maximize smoking cessation efforts with this population.

**“Development of a State Wellness Model”**

**Principal Investigator**, Colorado Department of Health Care Policy and Financing, Colorado Child Healthcare Plan Plus, 6/1/2010-12/31/2010, 15% effort, \$15,000

Consultation to assist the Department to move to a wellness-oriented model of health care delivery, including incorporating the following measures into state health plan contracts: tobacco cessation, mental health, functional independence and self-sufficiency, and obesity prevention.

**“Reducing Health-Related Tobacco Disparities for Persons with Mental Illnesses”**

**Principal Investigator**, Colorado Department of Public Health and the Environment, State Tobacco Education and Prevention Program Competitive Grant, 10/1/08-10/1/2010, 40% effort, \$790,000

Implementation and dissemination of efforts to assist tobacco cessation among persons with mental illnesses. Efforts include developing smoke free campuses, reimbursement public policy, provider training, interventions across the lifespan, and peer-to-peer services.

### **“Reducing Health-Related Tobacco Disparities for Youth with Mental Illnesses”**

**Principal Investigator**, Colorado Department of Public Health and the Environment, State Tobacco Education and Prevention Program Competitive Grant, 1/25/08-9/30/08, 10% effort, \$100,000

This pilot project will investigate how to serve the tobacco control needs of youth with mental illnesses utilizing statewide focus groups and key informants. Results will guide the development of future community pilot programs.

### **“Reducing Health-Related Tobacco Disparities for Persons with Mental Illnesses”**

**Principal Investigator**, Colorado Department of Public Health and the Environment, State Tobacco Education and Prevention Program Competitive Grant, 10/1/06-9/30/08, 45% effort, \$630,000

A 2-year randomized effectiveness study of tobacco cessation strategies for persons with mental illnesses. This is a community-based effort in partnership with National Jewish Medical and Research Center and 4 statewide community mental health centers and clinics.

### **“Family Focused Therapy of Adolescents with Bipolar Disorder”**

**Psychologist**, (PI, D. Miklowitz, University of Colorado at Boulder), multiple grants from NIMH, 7/1/02-12/31/06, 9% effort, \$32,000

This study is developing and standardizing a version of family-focused psychoeducational treatment (FFT) that is sensitive to the developmental requirements of adolescent bipolar I disorder patients and testing its efficacy with pharmacotherapy at multiple centers of expertise in adult and pediatric-onset bipolar disorders.

### **“Community Integration Technical Assistance to the Territory of Guam”**

**Principal Consultant**, Guam, Office of Community Integration, Governor’s Office, 12/1/04-12/31/06, 20% effort, \$115,000

Consultation to assist Guam to provide individuals with disabilities the highest quality services in the least restrictive settings possible. Satisfying the Permanent Injunction (J.C. v. Camacho) was the initial focus of consultation. This work was followed by plans and implementation for Minimum Care Standards and Comprehensive Community Supports and Services. Six University of Colorado postdoctoral fellows and a psychiatry resident assisted with consultation onsite in Micronesia as well as off-site work.

### **“Federated States of Micronesia Technical Assistance”**

**Principal Consultant**, Substance Abuse and Mental Health Services Administration (SAMHSA) and National Association of State Mental Health Program Directors (NASMHPD), 2/1/06-3/31/06, 20% effort, \$5,000

Technical assistance was provided to the Federated States of Micronesia (FSM) Substance Abuse and Mental Health Program (SAMH) and Department of Health, Education and Social Affairs. Consultants assisted FSM to prioritize health system goals given local strengths and challenges and to then develop action steps. A University of Colorado psychiatric resident joined the consultation team as a component of his professional development.

### **“Consumer Directed Attendant Support Program (CDAS)”**

**Consultant**, Colorado Department of Health Care Policy and Financing, 1/15/03-10/1/06, 10% effort, \$33,000

The CDAS program was mandated by the Colorado legislature and approved by the Centers for Medicare and Medicaid Services (CMS) as an 1115 demonstration waiver in August of 2001. The program was implemented to increase the independence and self-sufficiency of participants, improve the quality of attendant support that participants receive and decrease the cost to the state for providing attendant services. Consultation duties included designing and assisting with the implementation of the CDAS program evaluation.

### **“Eliminating Tobacco-Related Disparities within the Priority Population of Persons with Mental Illnesses”**

**Principal Investigator**, Colorado Department of Public Health and the Environment, State Tobacco Education and Prevention Program Competitive Grant, 1/1/06-9/30/06, 25% effort, \$152,000  
Developed a practical, low burden tobacco cessation toolkit for mental health providers, which is being distributed nationally. An extensive literature review, current evidence based practices, and input from mental health consumers and providers informed the toolkit’s development. Mental health consumer and provider participation was incorporated through a series of 10 statewide focus groups.

### **“Colorado Access Care Management Programs”**

**Consultant**, ColoradoAccess, 7/1/05-7/31/06, 45% effort, \$70,000  
Consultation was provided on creating a chronic care model for bipolar disorder, as well as other chronic health conditions. Duties included scientific review, protocol development, development of patient materials, creation of assessments and databases, and supervision of relevant Colorado Access staff.

### **“Bipolar Illness Therapy, Family Burden, Costs & Health”**

**Consultant**, (PI, D. Perlick, Yale University), RO1 grant from NIMH, 7/1/02-12/31/04, 10% effort, \$32,000  
An ancillary study to the Systematic Treatment Enhancement Project for Bipolar Disorder (STEP-BD). This study tests the effects of bipolar disorder on the emotional burdens and adverse health and economic outcomes of caretaking relatives.

### **“Program Evaluation of the Mental Health Ombuds Program of Colorado”**

**Principal Investigator**, The Colorado Behavioral Healthcare Council, the Mental Health Ombuds Program of Colorado, the Rose Community Foundation, Eli Lilly and Company, and the Colorado Division of Mental Health, 7/1/02-12/31/03, 30% effort, \$66,000  
The Mental Health Ombuds Program of Colorado (MHOPC) is a non-profit 501(c)(3) agency with a mission to provide advocacy, assistance, and education to Medicaid-eligible mental health consumers. We evaluated how well MHOPC was accomplishing its mission and goals, the community impacts of the program, and opportunities to improve the program.

### **“Utah Department of Mental Health, Community-Based Planning”**

**Consultant**, the TriWest Group, 1/15/02-9/15/02, 10% effort, \$10,000  
Consultation involved recommendations for assessment tools and protocols to assess readiness for discharge, and assistance in drafting state plans to support the Utah Division of Substance Abuse and Mental Health’s efforts to serve individuals with mental illnesses in the least restrictive settings possible.

### **“Needs Assessment for Tobacco Control in Persons with Mental Illnesses”**

**Co-Investigator**, (PI, A. Giese, University of Colorado), the Colorado Department of Public Health and the Environment, State Tobacco Education and Prevention Program, 7/1/01-6/30/02, 25% effort, \$50,000  
This evaluation identified the tobacco control needs of adults with mental illnesses. Assessment findings and recommendations are based upon multiple evaluation methods including literature reviews, state data, key informant interviews, focus groups, and web-based survey.

### **“Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD)”**

**Co-Investigator** (Colorado Site), Standard Care Pathway and Ancillary Studies, (PI, G. Sachs, Massachusetts General Hospital, Harvard Medical School), NIMH, 1/1/2001-1/1/2003, 50% effort, salary support  
A multi-site treatment study to examine the effectiveness in real-world settings of different forms of pharmacological and psychosocial interventions for bipolar disorder. The University of Colorado was one site of this multi-site project. Assisted in the coordination and clinical assessment for the site study.

## **Additional Funded Technical Assistance, Training and Consultation Contracts (2006-present)**

Alaska Tobacco Prevention and Control, Juneau, Alaska  
American Lung Association, Chicago, Illinois  
Anthem (national)  
Arkansas Department of Health  
Associates in Family Health, Fort Collins, Colorado  
Association of Substance Abuse Programs, Austin, Texas  
Assurance Health and Wellness Center, Tucson, Arizona  
Bay Area Community Resources, San Rafael, California  
Calaveras County Health and Human Services Agency, San Andreas, California  
California Department of Health, Sacramento, California  
California Health Collaborative, Chico, California  
Capital Area Human Services, Baton Rouge, Louisiana  
Centerstone of Illinois, West Frankfort, Illinois  
Centerstone, Louisville, Kentucky  
Central Kansas Foundation, Salina, Kansas  
Colorado Medical Society, Denver, Colorado  
Community Health Institute/JSI Research & Training, Bow, New Hampshire  
Connecticut Community for Addiction Recovery  
County of San Diego Health and Human Services Agency  
County of San Mateo, San Mateo, California  
Denver Health & Housing Authority, Denver Public Health  
Dignity Health, Redding, California  
Faces and Voices of Recovery, Washington D.C.  
Family Guidance and Service Center, Topeka, Kansas  
Fayette Companies/ Human Service Center, Peoria, Illinois  
Federal Emergency Management Agency  
Federal Judicial Center, Washington, D.C.  
Florida Department of Health, Tallahassee, Florida  
Florida State University, Tallahassee, Florida  
Greater Nashua Mental Health Center, Nashua, New Hampshire  
Hawaii Department of Health  
Health and Human Services, Long Beach, California  
Illinois Department of Health  
Indiana American Cancer Society, Cancer Action Network, Indianapolis, Indiana  
Interact for Health Foundation, Cincinnati, Ohio  
Jackson County Health Department, Medford, Oregon  
Janus of Santa Cruz, California  
Jefferson County Mental Health, Colorado  
Kentucky Immunization Coalition, Maysville, Kentucky  
Keys AHEC Health Centers, Marathon, Florida  
Lutheran Medical Center, Wheat Ridge, Colorado  
Maricopa County Public Health, Phoenix, Arizona  
Metro Denver Homeless Initiative, Denver, Colorado  
Michigan Department of Health, Bureau of Community Mental Health  
Michigan Disability Rights Coalition, East Lansing, Michigan  
Monterey County Health Department, Monterey, California  
National Alliance on Mental Illness Tennessee  
Nebraska Region 6 Behavioral Healthcare, Omaha, Nebraska  
New Mexico Department of Health, Albuquerque, New Mexico

New York Department of Health and Mental Hygiene  
New York City Department of Health and Mental Hygiene  
New York State Department of Health  
North Dakota Department of Health, Bismarck, North Dakota  
North Range Behavioral Health, Greeley, Colorado  
Ohio Department of Health, Columbus, Ohio  
Oklahoma Department of Mental Health and Substance Abuse Services  
Orange County Health Care Agency, Santa Ana, California  
Oregon Department of Health / Beatty Group  
Palau Department of Mental Health and Substance Abuse, Micronesia  
Penrose- St. Francis Health Services, Colorado Springs, Colorado  
Psynergy Programs, Inc., Morgan Hill, California  
Recovery Institute of Southwest Michigan, Kalamazoo, Michigan  
Sanford Health, Bismarck, North Dakota  
San Jose State University, San Jose, California  
San Luis Obispo Department of Health, San Luis Obispo, California  
Solvista Health, Canon City, Colorado  
Sonoma Department of Health, Santa Rosa, California  
South Carolina Department of Mental Health, Bennettsville, South Carolina  
Southern California Health and Rehabilitation Program, Los Angeles, California  
Southwest Michigan Mental Health, Portage, Michigan  
St. Clair County Community Mental Health Authority, Port Huron, Michigan  
St. Mary's Hospital & Glens Falls Hospital, Glens Falls, New York  
Tehama County Health Services Agency, Red Bluff, California  
Tennessee Association of Mental Health Organizations, Nashville, Tennessee  
Tennessee Department of Mental Health & Substance Abuse Services, Nashville, Tennessee  
Tobacco Free Indiana, Indianapolis, Indiana  
University of Utah, School of Medicine, Salt Lake City, Utah  
U.S. Department of Health & Human Services, Region VIII  
Unity Consortium, Newtown, Pennsylvania  
Utah Department of Health  
Vermont Department of Health  
Vinfen Corporation, Cambridge, Massachusetts  
WellSpring Resources, Alton, Illinois  
Wisewoman Program, Colorado Department of Public Health and Environment, Denver, Colorado

### **XIII. Bibliography**

#### **Peer-Reviewed Journals**

1. Deffenbacher JL, Oetting ER, Lynch RS, **Morris CD** (1996). The Expression of Anger and Its Consequences. *Behaviour Research and Therapy*, 34(7): 575-590
2. Deffenbacher JL, Dahlen ER, Lynch RS, **Morris CD**, Gowensmith WN (2000). An Application of Beck's Cognitive Therapy to General Anger Reduction. *Cognitive Therapy and Research*, 24(6); 689-697
3. **Morris CD**, Miklowitz DJ, Wisniewski SR, Giese AA, Thomas MR, Allen MH (2005). Care Satisfaction, Hope, and Life Functioning among Adults with Bipolar Disorder: Data from the First 1,000 Participants in the Systematic Treatment Enhancement Program. *Comprehensive Psychiatry*, 46: 98-104



4. **Morris CD**, Giese AA, Turnbull J, Dickenson M, Johnson-Nagel N (2006). Predictors of Tobacco Use among Persons with Mental Illnesses for a Statewide Population. *Psychiatric Services*, 57: 1035-1038
5. Chessick CA, Perlick DA, Miklowitz DJ, Kaczynski R, Allen MH, **Morris CD**, Marangell LB (2007). Current Suicide Ideation and Prior Suicide Attempts of Bipolar Patients as Influences on Caregiver Burden. *Suicide and Life Threatening Behavior*, 37(4): 482-49
6. **Morris CD**, Miklowitz DJ, Waxmonsky JA (2007). Family Focused Treatment for Bipolar Disorder in Adults and Youth. *Journal of Clinical Psychology: In Session*, 63(5):433-445. PMID: PMC2194806
7. **Morris CD**, Tedeschi GJ, Waxmonsky JA, May MG, Giese AA (2009). Tobacco Quitlines and Persons with Mental Illnesses: Perspective, Practice, and Direction. *Journal of the American Psychiatric Nurses Association* 15: 32-40
8. **Morris CD**, Waxmonsky JA, May MG, Giese AA (2009). What Do Persons with Mental Illnesses Need to Quit Smoking? Mental Health Patient and Provider Perspectives. *Psychiatric Rehabilitation Journal*, 32(4): 268-276
9. Schroeder S., **Morris CD** (2010). Confronting a Neglected Epidemic: Tobacco Cessation for Persons with Mental Illnesses and Substance Use among Those with Mental Illness and Substance Abuse Problems. *Annual Review of Public Health*, 31: 297-314
10. Chessick CA, Perlick DA, Miklowitz DJ, Dickinson M, Allen MH, **Morris CD**, Gonzalez JM, Marangell LB, Cosgrove V, Ostacher M, STED- BD Family Experience Collaborative Study Group (2009). Suicidal Ideation and Depressive Symptoms among Bipolar Patients as Predictors of the Health and Well-being of Caregivers. *Bipolar Disorders*; 11(8); 876-884. PMID: PMC2796426
11. **Morris CD**, Miller BF, Mahalik JL (2011). An Expanded Opportunity to Provide Tobacco Cessation Services in Primary Care. *Translational Behavioral Medicine*, 1, 31-34
12. **Morris CD**, May MG, Devine K, Smith S, DeHay T, Mahalik J (2011). Multiple Perspectives on Tobacco Use among Youth with Mental Health Disorders and Addictions. *American Journal of Health Promotion*; 25(5 supplement); S31-S37
13. DeHay T, **Morris CD**, May MG, Devine K (2011). Tobacco Use in Youth with Mental Illnesses. *Journal of Behavioral Medicine*, online first April 8, 2011
14. **Morris CD**, Waxmonsky JA, May MG, Tinkleman DG, Dickinson M, Giese AA (2011). Smoking Reduction for Persons with Mental Illnesses: 6-Month Results from Community-Based Interventions. *Community Mental Health Journal*, 47(6), 694-702.
15. Williams JM, Anthenelli RM, **Morris CD**, Treadow J, Thompson JR, Yunis C, George TP (2012). A Randomized, Double-Blind, Placebo-Controlled Study Evaluating the Safety and Efficacy of Varenicline for Smoking Cessation in Patients with Schizophrenia or Schizoaffective Disorder. *The Journal of Clinical Psychiatry*, 73(5), 654-660.
16. Anthenelli RM, **Morris CD**, Ramey TS, Dubrava SJ, Tsilkos K, Russ C, Yunis C (2013). Effects of Varenicline on Smoking Cessation in Adults With Stably Treated Current or Past Major Depression. *Annals of Internal Medicine*, 159, 390-400.
17. **Morris CD**, Burns, EK, Waxmonsky JA, Levinson AH (2014). Smoking Cessation Behaviors among Persons with Psychiatric Diagnoses: Results from a Population-Level State Survey. *Drug and Alcohol Dependence*, 136, 63-68.

18. Lukowski AV, **Morris CD**, Young S, Tinkleman D (2015). Quitline Outcomes for Smokers in 6 States: Rates of Successful Quitting Vary by Mental Health Status. *Nicotine and Tobacco Research*, 17(8): 924-930
19. Gordon L, Modayil MV, Pavlik J, **Morris CD** (2015). Collaboration with Behavioral Health Care Facilities to Implement System Wide Tobacco Control Policies — California, 2012. *Preventing Chronic Disease*, 12:E13. PMID: PMC4318685
20. **Morris CD**, Richardson DL, Loewen JM, Vanheest LC, Brumley-Shelton A, Feo MT (2016). An Interdisciplinary Response to a Tobacco Cessation Case Vignette. *Journal of Smoking Cessation*, CJO 2016 doi:10.1017/jsc.2016.9
21. Lukowski AV, Young S, **Morris CD**, Tinkelman D (2016). Characteristics of American Indian/Alaskan Native Quitline Callers Across 14 States. *Nicotine & Tobacco Research*, doi: 10.1093/ntr/ntw154
22. Lukowski AV, **Morris CD**, Young SE, Tinkelman D (2016). Characteristics of LGBT Quitline Callers Across 14 States. *Journal of Smoking Cessation*, available on CJO2016. doi:10.1017/jsc.2016.18.
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24. Garver-Apgar C, Young S, Howard B, Udochi B, **Morris C** (2017). Effects of a Statewide Tobacco Cessation Program Among Individuals Involved with Arkansas Community Correction. *Journal of Correctional Health Care*, 23(3):259-270. doi: 10.1177/1078345817709017.
25. **Morris CD**, Garver-Apgar CE (2020). Nicotine and Opioids: A Call for Co-treatment as the Standard of Care. *Journal of Behavioral Health Services and Research*. 47(4):601-613. <https://doi.org/10.1007/s11414-020-09712-6>
26. **Morris CD**, Lukowski AV, Vargas-Belcher RA, Ylioja TE, Nash CM, Bailey LA (2021). Quitline programs tailored for mental health: initial outcomes and feasibility. *American Journal of Preventive Medicine*. 60(3S2):S163–S171. DOI:[10.1016/j.amepre.2020.02.025](https://doi.org/10.1016/j.amepre.2020.02.025)

### **Book Chapters**

1. Miklowitz DJ, **Morris CD** (2003). Couple-Based Treatments for Emotional and Behavioral Disorders: Bipolar Disorder. In D.K. Snyder & M.A Whisman (Eds.) *Treating Difficult Couples: Helping Clients with Coexisting Mental and Relationship Disorders*. New York: The Guilford Press
2. **Morris CD**, Miklowitz DJ (2006). Family Approaches to the Course and Treatment of Bipolar Disorder. In R. Bentall & S. Jones (Eds.) *The Psychology of Bipolar Disorder*. Oxford Press
3. Mohatt DF, Bradley MM, Adams SJ, **Morris CD** (2007). *Mental Health and Rural America: 1994-2005: An Overview and Annotated Bibliography*. U.S. Department of Health and Human Services, Health Resources and Services Administration, Office of Rural Health Policy.
4. Morris CW, **Morris CD** (2014). Chapter 10: Increasing Healthy Habits and Health Behavior Change in Corporate Wellness Programs (215-240). In R. J. Burke and A. M. Richardsen (Eds.) *Corporate Wellness Programs: Linking Individual and Organizational Health*. Gloucestershire, United Kingdom, Edward Elgar Publishing Ltd

## **Abstracts Presented at Scientific Meetings**

1. **Morris CD**, Deffenbacher JL. Convergent and Discriminant Validity for Anger Expression Styles. Oral presentation at the Rocky Mountain Psychological Association, Boulder, CO, April 1995
2. **Morris CD**, Deffenbacher JL, Lynch RS, Oetting ER. Anger Expression and its Consequences. Poster session at the 104th annual convention of the American Psychological Association, Toronto, Ontario, Canada, August 1996
3. Deffenbacher JL, Dahlen ER, Lynch RS, **Morris CD**, Gowensmith W. Application of Beck's Cognitive Therapy to Anger Reduction. Oral presentation at the 106<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA, August 1998
4. **Morris CD**, Coen AS. Offenders with Serious Mental Illness. Oral Presentation at the National Association of State Mental Health Program Directors Conference on State Mental Health Agency Services Research, Program Evaluation and Policy, Washington D.C., February 2000
5. **Morris CD**, Bremer R. Model Program for Consumers as Research Partners. Poster session at the 109th annual convention of the American Psychological Association, San Francisco, CA, August 2001
6. **Morris, CD**. Uses of Data to Support Olmstead Principles. Oral presentation at the Joint National Conference on Mental Health Block Grant and National Conference on Mental Health Statistics. Washington D.C., May 29, 2003
7. Perlick DA, Rosenhack RR, Menard K, Woods S, Sernyak M, Neugabauer S, Lippman L, Miklowitz DF, **Morris CD**, Schumacher M, Alacron A, Ketter T. Needs of Family Caregivers of Patients with Bipolar Illness and Schizophrenia: Preliminary Data Using the Family Assessment of Need for Services (FANS). Poster at the 43<sup>rd</sup> Annual New Clinical Drug Evaluation Unit (NCDEU) Conference, summer, 2003.
8. **Morris CD**, Miklowitz DJ, Wisniewski SR, Giese AA, Thomas MR, Allen MH. Care Satisfaction, Hope and Life Functioning among Adults with Bipolar Disorder: Data from the First 1,000 STEP-BD Participants. Poster at the 44<sup>th</sup> Annual New Clinical Drug Evaluation Unit (NCDEU) Conference, summer, 2004.
9. **Morris CD**, Waxmonsky J, Graves M. Eliminating Tobacco-Related Disparities for Persons with Mental Illnesses: Development of a Mental Health Provider Toolkit for Tobacco Cessation. Oral presentation at the 6<sup>th</sup> Annual Colorado Cancer Conference, Fort Collins, Colorado, August 2006
10. Chessick CA, Perlick DA, Miklowitz DJ, Dickinson LM, Allen MH, **Morris CD**. Association of Caregiver Coping and Health Status with Bipolar Patient's Suicidal Ideation and Depression Over One Year., Pittsburgh, PA, June 2007
11. **Morris CD**, Waxmonsky JA, Graves MG, Giese AA, Belikova, O. Multiple Perspectives of Smoking Cessation Needs for Persons with Mental Illnesses. Poster presentation for the 9th Annual Conference of the SRNT Conference, Madrid, Spain, October 2007
12. **Morris CD**, Waxmonsky JA, Graves MG. Eliminating Tobacco-Related Disparities for Persons with Mental Illnesses: Development and Implementation of a Tobacco Cessation Toolkit. Oral presentation at the American Public Health Association 135<sup>th</sup> Annual Meeting and Expo Washington DC, November 2007

13. Waxmonsky JA, **Morris CD**, Graves MG. Alive and Kicking the Habit: Smoking Cessation and Mental Illness. Poster presentation at the National Conference on Tobacco or Health, Minneapolis MN, October 2007.
14. Ziedonis D, Glover R, **Morris CD**, Schroeder S, Revell C. Maximizing the Power of Partnerships; Engaging Smokers and the Mental Health Community. Sub-plenary at the National Conference on Tobacco or Health, Minneapolis MN, October 2007.
15. **Morris CD**, Tedeschi, G, Revell C. Callers with Psychiatric & Substance Abuse Disorders: How Can Quitlines Help? Oral presentation at the Annual North American Quitline Consortium Conference, Minneapolis MN, October 2007.
16. **Morris CD**, Waxmonsky JA, Graves MG. Smoking Cessation Interventions for Persons with Mental Illnesses: A Community-Based Randomized Trial. Poster presentation for the 14<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT), Portland OR, February 2008.
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18. Graves M, **Morris CD**, Waxmonsky J. We Want to Quit Smoking, We Need to Quit Smoking, We Can Quit Smoking. Oral Presentation for the Annual Meeting of the Organization for Program Evaluation in Colorado, Lyons CO, May 15, 2008
19. Chessick C, Perlick D, Miklowitz DJ, Dickinson M, Allen MH, **Morris CD**, Gonzales J. Association of Bipolar Patients' Suicidal Ideation and Depression at Baseline with Caregiver Health Status Prospectively. Poster presentation at the American Psychiatric Association, 161<sup>th</sup> Annual Meeting, Washington DC, May 2008
20. **Morris CD**, Heiligenstein E. Integrating Nicotine Dependence Treatment into Substance Abuse and Mental Health Services. Wisconsin Nicotine Dependence Treatment Integration Project Workshop, Madison, WI, September 4, 2008
21. **Morris CD**. The Tobacco Cessation Needs of Persons with Substance Abuse Disorders and Mental Illnesses: Effectively Meeting the Challenge. Keynote Presentation. 2008 Alcohol and Substance Abuse Summit, Mandan, ND, September 9, 2008
22. **Morris CD**. Applying Clinical and Program Solutions for Persons with Substance Abuse Disorders and Mental Illness. Oral Presentation. 2008 Alcohol and Substance Abuse Summit, Mandan, ND, September 9, 2008
23. Graves, M, **Morris CD**, Waxmonsky J, Dickinson, M, Giese A, Devine K. Smoking Cessation Interventions for Persons with Mental Illnesses: A Randomized Trial. Poster Presentation at the Public Health in the Rockies 2008 Conference, Breckenridge, CO, September 16, 2008
24. Waxmonsky J, Graves M, **Morris CD**. Kickin' It: Tobacco Control Needs and Strategies for Youth with Mental Illnesses. Poster presentation at the 136<sup>th</sup> APHA Annual Meeting & Exposition, San Diego, CA, October 25-29, 2008
25. **Morris CD**. The Colorado Mandate and Evidence Based Practice Planning Committee. Oral presentation at the Evidence Based Practice- Connecting Science and Service: A Planning Meeting for the Western Region. U.S. Department of Health and Human Services, Scottsdale, AZ, November 19, 2008

26. **Morris CD**. Effectiveness of two community-based tobacco cessation interventions for persons with mental illnesses. Oral presentation at the 14<sup>th</sup> World Conference on Tobacco or Health, Mumbai, India March 9, 2009
27. Waxmonsky J, May MG, **Morris CD**, Dickinson M, Giese A, Devine K. Smoking Cessation for persons with mental illnesses: 12-Month Treatment Outcomes from a Community Based Sample. Poster presentation at the 2009 Joint Conference of SRNT and SRNT-Europe, Dublin, Ireland, April 28, 2009
28. May MG, Mahalik J, **Morris CD**, LeBeau S, Baumann C, Devine K. A Survey of Mental Health Provider Knowledge, Attitudes, and Behaviors Regarding Tobacco Cessation for Behavioral Health Clients. Poster presented at the Annual Meeting of the Organization for Program Evaluation in Colorado, Lyons, CO, May 14, 2009
29. Schroeder S, **Morris CD**, McAfee T, Hutchings G, Michael S. Do People with Mental Illnesses and Substance Abuse Disorders have Equal Access to Quitlines and Other Cessation Services? Should They? Oral presentation at the North American Quitline Consortium Annual Meeting, Phoenix, AZ, June 9, 2009
30. Mahalik J, May M, **Morris CD**, Baumann C, LeBeau S. Mental Health Administrators' and Providers' Knowledge, Attitudes and Behaviors about Tobacco Cessation. Poster at the Colorado Public Health Association Conference, Copper Mountain Resort, CO, September 28-30, 2009
31. Devine, K, May M, **Morris CD**, Mahalik J. A Survey of Behavioral Health Administrators' and Providers' Knowledge, Attitudes and Behaviors about Tobacco Cessation for Behavioral Health Clients. Poster at the Society for Research on Nicotine and Tobacco, Baltimore, Maryland, February 24-27, 2010
32. **Morris, CD**, Wang CJ. The Peer-to-Peer Tobacco Recovery Program. Oral presentation at the 2010 UK National Smoking Cessation Conference, Glasgow Scotland, June 15, 2010
33. Devine D, May M, **Morris CD**. Wellness: A Social Justice Issue for Persons with Behavioral Health Disorders. Oral presentation at the 138<sup>th</sup> American Public Health Association Annual Meeting & Exposition, Denver, Colorado, November 2010
34. Wang, CJ, **Morris CD**, Mahalik, J. Creating a Culture of Workplace Wellness. Oral presentation at the 2011 American Psychological Association Annual Conference, Washington DC, August 4, 2011
35. Devine K, May M, **Morris CD**, Mahalik J, Baumann C. A Survey of Behavioral Health Administrators' and Providers' Knowledge, Attitudes and Behaviors about Tobacco Cessation for Behavioral Health Clients. Poster at the 13<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco Europe, Antalya, Turkey, Sept 8-11, 2011
36. Williams, JM, Anthenelli, RM, **Morris CD**, George TP, Treadow, J, Thompson JR, Yunis C. Safety and Efficacy of Varenicline for Smoking Cessation in Patients with Schizophrenia and Schizoaffective Disorder. Oral presentation at the Society for Research on Nicotine and Tobacco 18<sup>th</sup> Annual Meeting, Houston, Texas, March 2012
37. Morris CW, **Morris CD**. More Than Just Another Picnic: Creating a Culture of Workplace Wellness. 5<sup>th</sup> Annual Colorado Culture of Health Conference, Denver, Colorado, April 10, 2012
38. Saul JE, **Morris CD**. National Promotions of Tobacco Cessation: An Opportunity to Identify Clients with Behavioral Health Issues. Poster at the Society of Behavioral Medicine 33<sup>rd</sup> Annual Meeting and Scientific Sessions, New Orleans, Louisiana, April 2012

39. **Morris, CD.** Patterns of Smoking Cessation Attempts for Persons with Mood Disorders and other Mental Health Diagnoses: Data from the Colorado Tobacco Attitudes and Behaviors Survey. Oral presentation at the National Conference on Tobacco or Health, Kansas City, Missouri, August 2012
40. **Morris, CD.** The Growing Evidence Base for Peer-to-Peer Tobacco Dependence Recovery Services. Oral presentation at the National Conference on Tobacco or Health, Kansas City, Missouri, August 2012
41. **Morris CD,** Lukowski A, Saul J. Can Quitlines Provide Effective Services to Individuals with Mental Illnesses and Addictions? Oral Presentation at the North American Quitline Consortium Conference, Kansas City, Kansas, August 14, 2012
42. **Morris CD,** Mahalik J, Merrifield L, Wang C. Qualitative Study of Weight Control Interventions for Patients with Mental Illnesses. Poster at the Obesity 2012, 30th Annual Scientific Meeting, San Antonio, Texas, September 21, 2012
43. Anthenelli R, **Morris CD,** Ramey TS, Dubrava SJ, Tsilkos K, Russ C, Yunis C. Varenicline Increases Smoking Cessation in Subjects with Depression: A Randomized, Placebo-Controlled Trial. Poster at the 166th American Psychiatric Association Annual Meeting, San Francisco, California, May 18-22, 2013
44. Lukowski A, Tinkelman D, **Morris CD,** Young S. Six-State Quitline Outcomes for Smokers with Psychiatric Conditions and Limitations. Poster at the 2014 Society for Research on Nicotine and Tobacco Annual Meeting, Seattle, Washington, February 6, 2014
45. Maki-Gianani, E, Young S, Garver-Apgar C, **Morris CD.** Implementation of Evidence-Based Wellness Services into a Residential Women's Treatment Facility. Poster at the 2015 Public Health Nurses Association of Colorado Winter Conference, Black Hawk, Colorado, March 5, 2015
46. Lukowski A, **Morris CD.** Six-State Quitline Outcomes for Smokers with Behavioral Health Conditions & Limitations. Presentation at the 2015 North American Quitline Consortium Conference, Atlanta, Georgia, August 17, 2015
47. Young SE, Lukowski A, Tinkelman D, **Morris CD.** Tobacco Use Patterns and Quitline Utilization in American Indian and Alaskan Native Callers across 14 States. Oral presentation at the the 2016 Society for Research on Nicotine and Tobacco Conference, Chicago, Illinois, March 4, 2016
48. Garver-Apgar, C, Young S, Howard B., Udochi B, **Morris CD.** Effects of a Statewide Tobacco Cessation Program among Individuals Involved with the Arkansas Department of Corrections. Poster presented at the 2016 Society for Research on Nicotine and Tobacco Conference, Chicago, Illinois, March 4, 2016
49. Morris CW, **Morris CD,** Foderingham S, Jaco M. Tobacco Recovery and Wellness for the Behavioral Health Community. Poster at the Global Tobacco Dependence Treatment Summit, Rochester, Minnesota, May 23-24, 2016
50. **Morris CD,** Morris CW, Richey RM. A Tobacco Cessation Continuity-of-Care Model for the Reentry Population. Poster at the Global Tobacco Dependence Treatment Summit, Rochester, Minnesota, May 23-24, 2016
51. Foderingham S, **Morris CD,** Hankey R. Tobacco & Addictions: Building Partnerships to Reduce Tobacco Use Among People with Addictions. Oral presentation at Florida's Premier Behavioral Health Annual Conference Presented by FCCMH and FADAA, Orlando, Florida, August 10, 2016

52. Lukowski A, **Morris CD**, Young S. Quitline Best Practices: Tailoring Quitline Programs to Reach Disproportionately Impacted Groups. Breakout Session at the North American Quitline Consortium Conference, Austin, Texas, March 20, 2017
53. **Morris CD**, Garver-Apgar C, Young S, Pfahl J. Cessation & Health Systems Transformation (HST): Transforming Systems and Programs to Support Cessation in Behavioral Health Settings. Breakout Session at the National Conference on Smoking or Health, Austin, Texas, March 22, 2017
54. Pavlik J, Foderingham S, **Morris CD**, Wellness and Recovery Learning Community: Reducing Tobacco Use among Adults with Substance Use Disorders. Poster at the National Conference on Smoking or Health, Austin, Texas, March 22, 2017
55. Garver-Apgar C, **Morris CD**, Young S. Effects of a Statewide Tobacco Cessation Program among Individuals Involved with the Arkansas Department of Corrections. Poster at the National Conference on Smoking or Health, Austin, Texas, March 22, 2017
56. Garver-Apgar C, Nguyen K, Young S, Anderson M, **Morris CD**. An Evaluation of “Healthy You, Healthy Baby”: A Tobacco Cessation Initiative Implemented within the Women’s Delivery Unit of Lutheran Medical Center. Poster at the National Conference on Smoking or Health, Austin, Texas, March 23, 2017
57. Young S, Lukowski A, Tinkelman D, **Morris CD**. EQUITY: Evaluating Quitline Utilization, Service Use, and Quit Success for Callers with Mental Health and Chronic Disease Conditions. Breakout Session at the National Conference on Smoking or Health, Austin, Texas, March 23, 2017
58. **Morris CD**, National Council for Behavioral Health. EQUITY: Advancing Cessation Strategies with Individuals with Mental Health or Substance Use Disorders. Breakout Session at the National Conference on Smoking or Health, Austin, Texas, March 23, 2017
59. Kypriotakis G, Lawrence D, Green C, Anthenelli R, **Morris CD**, Samuels L, Cinciripini PM. The Effects of varenicline, bupropion, nicotine patch, and placebo on cessation among smoker with current and past major depression. Breakout session at the Society for Research on Nicotine and Tobacco 2019 Annual Meeting, San Francisco, California, February 21, 2019
60. Green C, Lawrence D, Kypriotakis G, Anthenelli R, **Morris CD**, Samuels L, Minnix J, Blalock J, Cinciripini PM. The effects of varenicline, bupropion, nicotine patch, and placebo on cessation and neuropsychiatric adverse events among smokers with recurrent or single episode major depressive disorder. Poster at the Society for Research on Nicotine and Tobacco 2019 Annual Meeting, San Francisco, California, February 22, 2019
61. Karan LD, Martin L, Hyder-Ferry L, **Morris CD**. Up in smoke: igniting recovery from tobacco and e-cigarettes. Workshop session at the American Society for Addiction Medicine 50<sup>th</sup> Annual Conference, Orlando, Florida, April 5, 2019
62. Garver Apgar C, **Morris CD**, Pavlik J, Lenartz T, Hamm M. Effects of peer-facilitated tobacco cessation among individuals in a pre-release program at Arizona Department of Corrections. Virtual E-poster for the Society for Research on Nicotine and Tobacco 2021 Annual Meeting, virtual conference, February 24, 2021
63. Hamamsy KC, Lauren AS, Adams JE, Seymour DJ, Morris CW, **Morris CD**, Kulasekaran V, Frank AM. Development of a Novel Curriculum in Motivational Interviewing for Medical Students in an Elective and Longitudinal Integrated Clerkship. Virtual E-poster for the Society of General Internal Medicine Annual Meeting, April 2021

### **Non-Competitive Abstracts**

1. **Morris CD**, Giese AA. Tobacco Use among Persons with Serious Mental Illnesses: Colorado Descriptive Study. Junior Faculty Poster Session, University of Colorado Health Sciences Center, Department of Psychiatry, Denver, Colorado, May 2003.
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