



DIMENSIONS: Tobacco Free & Well Body Fundamentals Trainings

A specialized series of trainings for behavioral health providers, integrated health providers and healthcare administrators

DIMENSIONS: Tobacco Free Fundamentals Training

This Tobacco Free Fundamentals training will provide attendees with the information and skills they need to successfully assist patients to live tobacco-free. Providers will learn about the latest information about tobacco, tobacco addiction and cessation strategies, both behavioral and medication.

**October 7th, 8:00am-12:00pm at Colorado Mountain College
901 U.S. 24, Pinnacle Resource Center Building, Room 317
Leadville, CO**

DIMENSIONS: Well Body Fundamentals Training

This Well Body Fundamentals training will provide attendees with the information and skills they need to successfully assist patients to address overweight and obesity through education about nutrition and weight management as well as medical and health behavior change strategies.

**October 7th, 1:00pm-5:00pm at Colorado Mountain College
901 U.S. 24, Climax Building, Room 401 (KW Room)
Leadville, CO**

Registration: <http://www.bhwellness.org/10714-cdphe-rural-fund-training-information>

Training provided at no cost to providers / Lunch will be provided if you're attending both trainings

Sponsored by: Colorado Department of Public Health & Environment

For questions, contact: Jamie Pfahl at 303-724-9970 or email
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